



# ***Access and Intake Services Community Options Booklet***

*This booklet is also available on the DADS Internet site at:*

[http://www.dads.state.tx.us/providers/community\\_options.pdf](http://www.dads.state.tx.us/providers/community_options.pdf)

**Prepared by Community Services and Program Operations**

**Updated 12-02-2011**

# Access and Intake Services

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# Access and Intake Division Overview

## **Assistant Commissioner for Access and Intake (A&I)**

The Assistant Commissioner for Access and Intake reports directly to the DADS Commissioner. The functions under the Assistant Commissioner for A&I include the Area Agencies on Aging (AAAs), Local Authorities, Community Services and Program Operations (CSPO), and the Guardianship Program.

**Vision:** Older Texans and persons with disabilities have easy access to and choose from a comprehensive array of services and supports that meet diverse needs, delivered through a partnership of public and private entities coordinating state and local resources.

**Mission:** To establish and maintain a locally based, unified system of access to a comprehensive and coordinated continuum of community services and supports for older Texans and persons with disabilities, allowing them to live independent and productive lives.

## **Area Agencies on Aging Section**

The Department of Aging and Disability Services (DADS) is designated as the State Unit on Aging, and as such, is the single state agency responsible for administering programs and services under the federal Older Americans Act (OAA). To ensure the mandates of the OAA are met, the Area Agencies on Aging (AAA) Section of the Access and Intake Division is responsible for allocating funds and administering programs and services. Through performance contracts with DADS, a network of 28 AAAs provides services in all 254 counties. Funding to AAAs is allocated through a federally approved intrastate funding formula. The funding that is allocated supports services for persons 60 years of age and older, their family members, and other caregivers.

The OAA authorizes a variety of services to support older persons, their family members, and other caregivers. Based on the local needs of older individuals within their service region, AAAs provide nutrition, in-home and other support services, as well as services specifically targeted for informal caregivers. A primary function for AAAs is providing access and assistance services that help older persons, their family members, and other caregivers receive the information and assistance they need in locating and accessing community services, both public and private, formal and informal.

Age is the sole eligibility criteria under the OAA. However, the OAA does require AAAs target services to individuals who reside in rural areas; older individuals with greatest economic need (with particular attention to low-income minority individuals); and older individuals with greatest social need (with particular attention to persons who have

physical and mental disabilities, language barriers, cultural, social or geographical isolation).

The goal of the AAA Section of DADS Access and Intake Division is to ensure a comprehensive array of services is available and easily accessible to older individuals, their family members, and other caregivers and that AAAs meet all applicable state and federal requirements. To meet its goal, Section functions are divided between two units. These include Local Procedure Development and Support and Contract Accountability and Oversight.

### **Local Authorities Section**

This section provides oversight for entities designated as Local Authorities. Most of these entities are also Mental Health Authorities (MHAs). All but one Local Authority is a community mental health and mental retardation (MHMR) center. Community centers are governed by local boards of directors appointed by local taxing authorities such as cities, counties, independent school districts, hospital districts and any combination of these authorities. Centers are recognized in statute as an agency of the state, a governmental unity, and a unit of local government.

Some of these community centers were created in the early 1960s as a response to federal enabling legislation passed during the Kennedy Administration. In Texas today, these centers cover all 254 counties.

The Department holds a performance contract with each Local Authority to provide community-based IDD services and to assist consumers and families with access to certain Medicaid funded services. These services primarily include community Intermediate Care Facilities for Person with MR (ICFs/MR), Home and Community Support (HCS) Program, Texas Home Living (TxHmL) Program, state supported living centers and other available services and supports.

The Local Authority Section of Access and Intake develops policy and procedure, and contracts with and oversees MRAs and the services provided. The Section also oversees the ongoing enrollment of consumers into the ICF/MR Program, HCS and TxHmL waiver programs, and the annual renewal of consumer levels of need, plans of care, and other activities regarding enrollment in these programs.

### **Community Services and Program Operations**

The mission of Community Services and Program Operations (CSPO) is to maintain existing supports for long-term care services, programs, and field operations while partnering with other DADS programs and stakeholders to achieve an integrated service delivery system, which streamlines eligibility determination, enrollment and service

delivery processes. Community Services field offices, located in eleven regions across the state, serve as one of many entry points through which individuals can access DADS services.

CSPO coordinates with the local AAAs and the Local Authorities, ensuring appropriate referrals are made with consideration given to the needs communicated by individuals at intake. Community Services regional staff determine eligibility and authorize services for the following programs: Community Based Alternatives (CBA), Consolidated Waiver Program (CWP), Medically Dependent Children Program (MDCP), Primary Home Care (PHC), Community Attendant Services (CAS), Day Activity and Health Services (DAHS), In-Home and Family Support Program (IHFSP), and other community care services, including Family Care, Home Delivered Meals, Emergency Response System, Adult Foster Care, and Residential Care. STAR+PLUS support units (SPSU) located in managed care areas assist Health Maintenance Organizations by maintaining the medical assistance only (MAO) interest lists, sending enrollment packets as names are released from the list, providing consumer notices and then entering the service authorizations into the automated system.

The CSPO develops policy and procedures and curriculum for program enrollment and SPSU staff and training material for the contract staff. CSPO staff oversees field operations and serve as liaison with DADS and HHSC support divisions. CSPO staff within central office also provides oversight for three monitoring systems, Utilization Review (UR), Regional Case Reading Validation, and Contract Monitoring. Findings from UR and case reading are utilized in the section's continuous improvement efforts. The monitoring of contracted service providers is a major component in a system of accountability and is in place to safeguard the health and safety of DADS consumers.

A function within the CSPO central office is to maintain the interest lists for the MDCP, Community Living Assistance and Support (CLASS) and Deaf Blind with Multiple Disabilities (DBMD) programs. Interest lists for the CBA, IHFSP, and the Grant Benefit (Title XX) programs are maintained by regional field offices.

### **Guardianship Program**

Guardianship is a legal method to protect individuals' well being when they cannot protect themselves. A guardian is a court-appointed person or entity that makes decisions on behalf of an incapacitated person. Chapter 13 of the Probate Code defines the purpose, laws, and responsibilities of a Guardian. Depending upon the powers granted by the Court, guardianship responsibilities include but are not limited to:

- managing estates;
- making medical decision; and
- arranging for placement.

The purpose of the Guardianship Program under Human Resources Code § 161.101 is to provide guardianship services to:

- incapacitated children upon reaching the age of 18 who have been in Child Protective Services (CPS) conservatorship as defined in Human Resources Code § 48.209(a)(1)
- incapacitated adults age 65 or older, or between the ages of 18-65 with a disability, who were referred by Adult Protective Services (APS) following an investigation in which abuse, neglect, or exploitation was confirmed, and no other means of protecting the person is available as defined in Human Resources Code § 48.209(a)(2), and there is some indication the individual lacks incapacity
- Incapacitated individuals referred directly to the program by a court with probate authority under certain criteria established in statute or rule.

## Community Services and Program Operations

### Adult Foster Care (AFC)

#### Service Description

Adult Foster Care (AFC) provides a 24-hour living arrangement with supervision in an adult foster home for persons who, because of physical, mental, or emotional limitations, are unable to continue independent functioning in their own homes.

Providers of AFC must live in the household and share a common living area with the consumers. With the exception of family members, no more than three adults may live in the foster home unless the home is licensed by the Department of Aging and Disability Services as a Type C Assisted Living Facility or licensed as a Type A Small Group Home.

#### Funding Sources

Social Services Block Grant (Title XX) and State Funds

#### Covered Services

Services may include:

- minimal help with personal care;
- help with activities of daily living;
- meal preparation; and
- provision of or arrangement for transportation.

The consumer pays the provider for room and board.

#### Consumer Eligibility

- **Age:** 18 years of age or older
- **Income:** Medicaid recipient or not exceed:
  - \$2,022 per month for an individual
  - \$4,044 per month for a couple
- **Resources:** \$5,000 or less for an individual or \$6,000 or less for a couple
- **Functional Assessment Score:** Minimum score of 18

**Provider Base**

Individual providers

**Service Availability**

Statewide in every region; not available in all counties

**Contact for Provider Policy Information**

Community Services - Policy Development and Support  
Department of Aging and Disability Services  
Mail Code W-521  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-4345  
Fax Number 512-438-5133

**Contact for Licensure**

Regulatory – Facility Enrollment  
Department of Aging and Disability Services  
Mail Code E-349  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-2630  
Fax Number 512-438-2731

**Contact for Contracting Information**

Community Services - Contracting  
Department of Aging and Disability Services  
Mail Code W-517  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-2080  
Fax Number 512-438-5522



**Contact for Consumer Eligibility Issues/Questions**

Community Services Policy  
Mail Code W-351  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-3436  
Fax Number 512-438-2906

**How to Apply for Services**

Contact your local DADS office. The web site to locate the office is:  
<http://www.dads.state.tx.us/contact.cfm>

## **Community Attendant Services (CAS)** **(For Adults and Children)**

### **Service Description**

Community Attendant Services (CAS) is a non-technical, non-skilled service providing in-home attendant services to individuals with an approved medical need for assistance with personal care tasks. CAS is available to eligible **adults and children** whose health problems cause them to be functionally limited in performing activities of daily living according to a practitioner's statement of medical need.

CAS services are provided by an attendant.

### **Funding Sources**

Title XIX

### **Covered Services**

- **Escort:** Accompanying the consumer on trips to obtain medical diagnosis or treatment or both. Additional time may not be allocated for escort services for other purposes. This service does not include the direct transportation of the consumer by the attendant.
- **Home Management:** Assistance with housekeeping activities that support the consumer's health and safety, including the following:
  - housekeeping
  - laundry
  - shopping
  - other household tasks
- **Personal Care\*:** Assistance with activities related to the care of the consumer's physical health, including the following:
  - bathing
  - dressing
  - grooming
  - routine hair and skin care
  - preparing meals
  - feeding
  - exercising
  - helping with self-administered medication
  - toileting
  - transferring/ambulating

\* This service is available using the Consumer Directed Services (CDS) option. The CDS option allows participants who live in their own private residences or the home of a family member to choose to self-direct certain services. By choosing to self-direct these services, participants will assume and retain responsibility to:

- recruit their service providers;
- conduct criminal history checks;
- determine the competency of service providers; and
- hire, train, manage, and fire their service providers.

### **Consumer Eligibility**

- **Age:** No limit - both adults and children may apply for CAS
- **Income:** To be CAS eligible, limits are:
  - \$2,022 per month for an individual
  - \$4,044 per month for a couple
  - Must not be Medicaid eligible
- **Resources:** \$2,000 or less for an individual or \$3,000 or less for a couple
- **Functional Assessment Score/Eligibility:**
  - Minimum score of 24
  - Functional limitation with at least one personal care task based on medical condition
  - Practitioner's statement of medical need

**Unmet Need:** For home management and personal care task(s)

### **Service Maximum**

Consumers can receive:

- 50 hours per week; or
- 42 hours per week if they receive Priority Status.

### **Provider Base**

Home and Community Support Services Agencies

### **Service Availability**

Statewide

**Contact for Provider Policy Information**

Center for Policy and Innovation – Community Services Policy  
Department of Aging and Disability Services  
Mail Code W-579  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-3015  
Fax Number 512-438-5133

**Contact for Licensure**

Regulatory – HCSSA  
Department of Aging and Disability Services  
Mail Code E-217  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-2630  
Fax Number 512-438-2213

**Contact for Contracting Information**

Community Services - Contracting  
Department of Aging and Disability Services  
Mail Code W-517  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-2080  
Fax Number 512-438-5522

**Contact for Consumer Eligibility Issues / Questions**

Community Services Policy  
Department of Aging and Disability Services  
Mail Code W-351  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-3436  
Fax Number 512-438-2906

**How to Apply for Services**

Contact your local DADS office. The web site to locate the office is:

<http://www.dads.state.tx.us/services/contact.cfm>

## Community Based Alternatives (CBA)

### Service Description

The Community Based Alternatives (CBA) program provides home and community-based services to aged and disabled adults as cost-effective alternatives to institutional care in nursing facilities.

### Funding Sources

Title XIX Medicaid 1915(c) Home and Community-Based Services Waiver, and State Funds

### Covered Services

Case Management is provided by DADS staff.

Services include:

- Adaptive Aids and Medical Supplies
- Adult Foster Care
- Assisted Living
- Dental Services
- Financial Management Services
- Emergency Response Services
- Home Delivered Meals
- Minor Home Modifications
- Nursing Services
- Occupational Therapy Services
- Personal Assistance Services
- Physical Therapy Services
- Respite Care Services
- Speech, Hearing, and Language Therapy Services\*
- Prescription drugs, unless the consumer is dually eligible for both Medicare and Medicaid.
- Support Consultation
- Transition Assistance Services

(See *CBA Service Descriptions* for more information)

***This service is available using the Consumer Directed Services (CDS) option.***

*The CDS option allows participants who live in their own private residences or the home of a family member to choose to self-direct certain services. By choosing to self-direct these services, participants will assume and retain responsibility to:*

- recruit their service providers;
- conduct criminal history checks;

- determine the competency of service providers; and
- hire, train, manage, and fire their service providers.

### **Consumer Eligibility**

- **Age:** 21 years of age or older
- **Income / Resources:** Be Medicaid eligible in the community under:
  - SSI; or
  - Medical Assistance Only (MAO) protected status; or
  - Meet the income and resource requirements for Medicaid benefits in nursing facilities (\$2,022 per month with resources of \$2,000 for an individual. (Spousal impoverishment provisions apply).
- **Individual Service Plan:** Cost of ISP cannot exceed 200% of the reimbursement rate that would have been paid for that same individual to receive services in a nursing facility.
- **Informed Choice:** Choose waiver services instead of nursing facility care based on an informed choice.
- **Medical Necessity:** Meet the medical necessity determination for nursing facility care.
- **Risk Assessment:** Be determined at risk for nursing facility placement using the Nursing Facility Risk Criteria Scoring Form on initial visits only.

### **Service Maximum**

The individual's service plan cannot exceed 200 percent of the individual's Resource Utilization Group (RUG) payment rate.

### **Provider Base**

Adult Foster Care Providers  
Assisted Living Providers  
Emergency Response Providers  
Home Delivered Meals Providers  
Home and Community Support Services Providers  
Transition Assistance Services Providers

### **Service Availability**

Statewide except in Managed Care areas

**Contact for Provider Policy Information**

Center for Policy and Innovation - Community Services Policy  
Department of Aging and Disability Services  
Mail Code W-579  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-3015  
Fax Number 512-438-5133

**Contact for Licensure**

Regulatory – HCSSA  
Department of Aging and Disability Services  
Mail Code E-217  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-2630  
Fax Number 512-438-2213

Regulatory – Facility Enrollment  
Department of Aging and Disability Services  
Mail Code E-349  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-2630  
Fax Number 512-438-2723

**Contact for Contracting Information**

Community Services - Contracting  
Department of Aging and Disability Services  
Mail Code W-517  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-2080  
Fax Number 512-438-5522

**Contact for Consumer Eligibility Issues/Questions**

Community Services Policy  
Department of Aging and Disability Services  
Mail Code W-351  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-3436  
Fax Number 512-438-2906

**How to Apply for Services**

Contact your local DADS office. The web site to locate the office is:

<http://www.dads.state.tx.us/services/contact.cfm>



## **CBA Service Descriptions**

- **Adaptive Aids and Medical Supplies** – Devices, controls or medically necessary supplies which enable persons with functional impairments to perform activities of daily living or control the environment in which they live.
- **Adult Foster Care** – A 24-hour living arrangement in an enrolled DADS foster home. Services may include meal preparation, housekeeping, personal care, help with activities of daily living, supervision and the provision of or arrangements for transportation. Individuals are responsible for room and board.
- **Assisted Living Services / Residential Care Services** – A 24-hour living arrangement in licensed personal care homes in which personal care, home management, escort, social and recreational activities, 24-hour supervision, supervision of, assistance with or direct administration of medication, and transportation are provided. Individuals are responsible for room and board.
- **Consumer Directed Services** – An option that provides consumers the option to direct and manage their providers of personal assistance services, including in-home and out-of-home respite, nursing services, and therapies.
- **Dental Services** – Services provided by a dentist to preserve teeth and meet the medical need of the consumer.

Allowable services include:

- Emergency dental treatment procedures necessary to control bleeding, relieve pain and eliminate acute infection. Preventative procedures required to prevent the imminent loss of teeth;
- Treatment of injuries to the teeth or supporting structures;
- Dentures and cost of fitting and preparation for dentures; including extractions and molds;
- Routine dental procedures necessary to maintain good oral health; and
- Oral and maxillofacial surgery.

Payments for dental services are not made for cosmetic dentistry.

- **Emergency Response Services** – An electronic monitoring system for use by individuals who are alone significant parts of the day or have no regular caregiver for extended periods of time, and who would otherwise require extensive routine supervision. In an emergency, the consumer can press a button to signal for help. The electronic monitoring system, which has 24-hour, seven-day-a-week capability, helps insure that the appropriate persons or service agency respond to an alarm call from the participant.

- **Financial Management Services** – Assistance to consumers to manage funds associated with services elected for self direction.
- **Home Delivered Meals** – Provide nutritious meals served in the consumer's home.
- **Minor Home Modifications** – Services, which assess the need for, arrange for, and provide modification to an individual's residence to enable him/her to reside in the community and to ensure safety, security, and accessibility.
- **Nursing Services** – Includes, but is not limited to, the assessment and evaluation of health problems and the direct delivery of nursing tasks, providing treatments and health care procedures ordered by a physician and/or required by a physician and/or required by standards of professional practice or state law, delegation of nursing tasks to unlicensed personnel according to state rules promulgated by the Texas Board of Nurse Examiners, participating on the Interdisciplinary Team, developing the health care plan, and teaching individuals about proper health maintenance.
- **Occupational Therapy Services** – The full range of activities provided by an occupational therapist, or a licensed occupational therapy assistant under the direction of a licensed occupational therapist, within the scope of his state licensure.
- **Personal Assistance Services** – Assistance to consumer including assistance with the performance of the activities of daily living and household chores necessary to maintain the home in a clean, sanitary, and safe environment. Persons receiving Personal Assistance Services live in the community in settings other than Adult Foster Care homes or Assisted Living settings. The level of assistance provided is determined by the consumer's needs for assistance and the plans of care. Personal Assistance Services may include the provision of health-related tasks delegated by a registered nurse in accordance with state rules promulgated by the Texas Board of Nurse Examiners and protective supervision.
- **Physical Therapy Services** – The full range of activities provided by a physical therapist or a licensed physical therapy assistant, under the direction of a licensed physical therapist, within the scope of his state licensure.
- **Respite Care Services** – Provides short-term services to individuals who cannot care for themselves because of the absence of or need for relief of the unpaid primary care giver in community settings other than Adult Foster Care or licensed personal care homes. Respite services are provided on an in-home basis and out-of-home basis and are limited to 30 days per year. Room and board is included in the waiver payment for out-of-home settings.
- **Speech, Hearing, and Language Therapy Services** – The full range of activities provided by speech and language pathologists under the scope of their state licensure.

- **Support Consultation**

Offers practical skills training and assistance to allow individuals or their legally authorized representative (LAR) to direct services the individual or the LAR elects for consumer direction. Support consultation exceeds those provided by the financial management services provider. This service is provided by a certified support advisor, and includes skills training on recruiting, screening, and hiring workers, preparing job descriptions, verifying employment eligibility and qualifications, completion of documents required to employ and manage workers, and development of effective backup plans for services critical to the individual's health and welfare in the absence of the regular provider or an emergency. Support consultation does not address budget, tax or workforce policy issues.

- **Transition Assistance Services (TAS)** – A service provided to Medicaid eligible Texas nursing facility residents to assist in transitions from the nursing facility into the community.

TAS is available to set up a household for a Medicaid consumer being discharged from a nursing facility under Money Follows the Person provisions. A nursing facility resident certified for CBA services may receive a one-time TAS authorization up to \$2,500.00 if the case manager determines that no other resources are available to pay for the basic services/items needed by the consumer. TAS is delivered by a contracted TAS agency that will receive a one-time fee of \$158.28. TAS services can include, but are not limited to:

- payment of security deposits required to lease an apartment or home, or to establish utility services for the home;
- purchase of essential furnishings for the apartment or home;
- payment of moving expenses required to move into or occupy the home or apartment; and
- payment for site preparation services, such as pest eradication, allergen control, or a one-time cleaning before occupancy.

# **Community Living Assistance and Support Services (CLASS)**

## **Service Description**

The Community Living Assistance and Support Services (CLASS) program provides home and community-based services to adults and children with related conditions as a cost-effective alternative to ICF-MR/RC institutional placement. Individuals with related conditions have a qualifying disability, other than a diagnosis of mental retardation, which originated before age 22 and which affects their ability to function in daily life.

## **Funding Sources**

Title XIX Medicaid 1915(c) Home and Community-Based Services Waiver, and State Funds

## **Covered Services**

Services include:

- Adaptive Aids and Medical Supplies
- Auditory Enhancement Training
- Case Management
- Continued Family Services
- Dental Services
- Dental Sedation
- Dietary Services (Nutritional Services)
- Habilitation
- Minor Home Modifications
- Nursing Services
- Occupational Therapy
- Physical Therapy
- Pre-Vocational Services
- Behavioral Support
- Respite Care
- Specialized Therapies
- Speech Pathology
- Supported Employment
- Transition Assistance Services
- Support Family Services

The following services may be accessed using the Consumer Directed Services\* service delivery option:

- Habilitation
- Nursing Services
- Occupational Therapy
- Physical Therapy
- Respite Care
- Speech Pathology
- Support Consultation Services
- Financial Management Services

The Consumer Directed Services \*(CDS) option allows participants who live in their own private residences or the home of a family member to choose to self-direct certain services. By choosing to self-direct these services, participants will assume and retain responsibility to:

- recruit their service providers;
- conduct criminal history checks;
- determine the competency of service providers; and
- hire, train, manage, and fire their service providers.

### **Eligibility**

- **Age:** No limit (but age of onset of disability must be prior to age 22).
- **Income and Resources:** The applicant must be Medicaid eligible in the community under:
  - SSI; or
  - Medical Assistance Only (MAO) protected status; or
  - Meet the income and resource requirements for Medicaid benefits in nursing facilities. (\$2,022 per month with resources of \$2,000 for an individual. Spousal impoverishment provisions apply.)
  - A disabled child who would be eligible for Medicaid if institutionalized and if parental income is not deemed to the child.

### **Additional Criteria:**

The individual must:

- Have a related condition listed on the approved Diagnostic Codes for Persons with Related Conditions and an adaptive behavior level of 2, 3, or 4 (Meet ICF-MR Level of Care VIII criteria.)
- Have been diagnosed with a related condition that manifested before the individual was 22 years of age
- Have a service plan that does not cost more than \$114,736.08 annually;
- Require Habilitation Services and Case Management Services (as determined by Service Planning team)

- Not be enrolled in another Medicaid waiver program §1915(c)
- Live in the applicant's or individual's own home or family home;
- Does not reside in an institutional setting, including a hospital, a nursing facility, an ICF/MR, a licensed assisted living facility, or a facility required to be licensed as an assisted living facility but is not licensed.

### **Provider Base**

Public and private agencies; each applicant/individual/LAR selects a Case Management Agency (CMA) for case management services and a Direct Services Agency (DSA) for other direct services available through the waiver. A Consumer-Directed Services (CDS) Agency may be chosen by the participant to provide support and assistance to individuals electing to direct their own employees for habilitation and respite services. A provider for Support Family Services or Continued Family Services may be chosen by those individuals or their LARs who qualify for Support / Continued Family Services.

An applicant may qualify for Transition Assistance Services if the person previously resided in an institutional setting to assist the person in transitioning from the institutional setting into the CLASS Program.

### **Service Availability**

Statewide

### **Contact for Provider Policy Information**

Community Services - Policy Development and Support  
Department of Aging and Disability Services  
Mail Code W-521  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-3609  
Fax Number 512-438-5135

### **How to Apply for Services**

Community Services Interest List Unit  
Department of Aging and Disability Services  
Mail Code W-521  
P. O. Box 149030  
Austin, TX 78714-9030  
Fax Number 512-438-3549  
Toll-free Number 1-877-438-5658

## **Consolidated Waiver Program (CWP)**

(For Adults and Children)

### **Service Description**

The Consolidated Waiver Program (CWP) is a Medicaid waiver program that began operations in Bexar County in November 2001. The CWP provides home and community-based services to individuals who are eligible for care in a nursing facility or Intermediate Care Facility for persons with MR or a Related Condition (ICF-MR/RC) as a cost-effective alternative to institutional placement.

### **Funding Sources**

Title XIX (Medicaid 1915(c) Home and Community-Based Services waiver) and State Funds

### **Covered Services**

Case Management is provided by DADS staff.

Services Include:

- Adaptive Aids and Medical Supplies
- Adult Foster Care
- Assisted Living / Residential Care Services
- Audiology
- Behavior Support
- Child Support Services
- Consumer Directed Services\*
- Day Habilitation
- Dental
- Dietary
- Emergency Response Services
- Employment Assistance
- Financial Management Services
- Home Delivered Meals
- Independent Advocacy
- Intervener
- Minor Home Modifications
- Nursing
- Occupational Therapy
- Orientation and Mobility
- Personal Assistance Services
- Physical Therapy
- Prescription Drugs, if not covered through Medicare

- Residential Habilitation
- Respite Care
- Social Work
- Speech and Language Therapy
- Support Consultation
- Supported Employment
- Transportation
- 24-Hour Residential Habilitation

\* The Consumer Directed Services (CDS) option allows participants who live in their own private residences or the home of a family member to choose to self-direct certain services. By choosing to self-direct these services, participants will assume and retain responsibility to:

- recruit their service providers;
- conduct criminal history checks;
- determine the competency of service providers; and
- hire, train, manage, and fire their service providers.

### **Consumer Eligibility**

- **Age:** No limit
- **Income and Resources:** Medicaid eligible in the community under:
  - SSI; or
  - Medical Assistance Only (MAO) protected status; or
  - Meet the income and resource requirements for Medicaid benefits in nursing facilities; (\$2,022 per month with resources of \$2,000 for an individual. Spousal impoverishment provisions apply.); or
  - As a disabled child who would be eligible for Medicaid if institutionalized and if parental income is not deemed to the child.
- **Individual Service Plan:** The individual service plan (ISP) must be developed by a DADS case manager through a person-directed planning process in conjunction with the individual and other persons. The ISP cannot exceed 200% of the reimbursement rate that would have been paid for that same individual to receive services in a nursing facility or ICF-MR/RC.
- **Informed Choice:** The applicant must choose waiver services instead of care in a nursing facility or ICF-MR/RC based on an informed choice.
- **Interest List:** Currently on an interest list in Bexar County for CLASS, DB-MD, HCS, MDCP, or the STAR+PLUS 1915(c) waiver.
- **Residency:** Reside in Bexar County



- **One of the following:**
  - **Level-of-Care (LOC):** Meet the LOC criteria for ICF-MR/RC LOC I or LOC VIII, or
  - **Medical Necessity:** Meet the medical necessity determination for nursing facility care.

### **Provider Base**

- Adult Foster Care Providers
- Assisted Living / Residential Care Providers
- Camps (for out-of-home Respite)
- Child Care Centers (for out-of-home Respite)
- Consumer Directed Services Agencies
- Emergency Response Providers
- Home Delivered Meals Providers
- Home and Community Support Services Agencies
- Hospitals (for out-of-home Respite)
- Intermediate Care Facility for persons with a diagnosis of mental retardation (for out of home respite)
- Nursing Facilities (for out-of-home Respite)

### **Contact for Consumer Eligibility Issues/Questions**

Community Services Policy  
Department of Aging and Disability Services  
Mail Code W-351  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-3436  
Fax Number 512-438-2906

### **Contact for Licensure**

Regulatory – HCSSA  
Department of Aging and Disability Services  
Mail Code E-217  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-2630  
Fax Number 512-438-2213

Regulatory – Facility Enrollment  
Department of Aging and Disability Services  
Mail Code E-349  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-2630  
Fax Number 512-438-2723

**Contact for Provider Policy Information**

Center for Policy and Innovation – Community Services Policy  
Department of Aging and Disability Services  
Mail Code W-579  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-3015  
Fax Number 512-438-5133

**Contact for Contracting Information**

**Community Services - Contracting**  
**Department of Aging and Disability Services**  
**Mail Code W-517**  
**P. O. Box 149030**  
**Austin, TX 78714-9030**  
**Phone Number 512-438-2080**  
**Fax Number 512-438-5522**  
**How to Apply for Services**

**How to Apply for Services**

Contact your local DADS office. The web site to locate the office is:

<http://www.dads.state.tx.us/services/contact.cfm>

## **Client Managed Personal Attendant Services (CMPAS)**

### **Service Description**

Under the CMPAS program, DADS contracts with licensed agencies to provide personal assistance services to individuals with physical disabilities who are mentally and emotionally competent and able to supervise their attendant or who have someone who can supervise the attendant for them. Individuals interview, select, train, supervise, and release their personal assistants. Licensed Personal Assistance Services agencies determine eligibility and the amount of care needed, develop a pool of potential personal assistants, and provide emergency back-up personal assistants.

### **Funding Sources**

Social Services Block Grant (Title XX) and State Funds

### **Covered Services**

Services include:

- Personal assistance provided as needed by personal attendants selected and supervised by the consumer.
- Health-related tasks prescribed by physician.

### **Consumer Eligibility**

- **Age:** 18 years of age or older
- **Income:** Copay after \$1,911.00. There is no resource limit.
- **Individual Service Plan:** Must have a service plan that does not exceed 52 hours per week of program services.
- **Functional Assessment:**
  - Practitioner's statement verifying that the individual has a current medical need for assistance with personal care tasks and other activities of daily living.
- **Personal care task:** Must need at least one personal care task.
- **Personal skill:** Must be mentally and emotionally capable of self-directing the care.

**Service Maximum**

Varies according to contracted unit rate. Reimbursement cannot exceed the nursing facility weighted average cost.

**Provider Base**

Home and Community Support Services Agencies

**Service Availability**

Various counties in eight regions (See attached chart). An interest list exists in all regions.

**Contact for Provider Policy and Consumer Eligibility**

Center for Policy and Innovation – Community Services Policy  
Department of Aging and Disability Services  
Mail Code W-579  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-3015  
Fax Number 512-438-5133

**How to Apply for Services**

Contact your local DADS office. The web site to locate the office is:

<http://www.dads.state.tx.us/services/contact.cfm>

**CMPAS Service Areas**

<b>Region 01:</b> Lubbock Potter Randall	<b>Region 03:</b> Collins Dallas Denton Ellis Hood Johnson Kaufman Parker Rockwall Tarrant Wise	<b>Region 05:</b> Angelina Hardin Jasper Jefferson Nacogdoches Newton Orange Shelby	<b>Region 06:</b> Fort Bend Harris Montgomery	<b>Region 07:</b> Travis County
<b>Region 08:</b> Atascosa Bexar Comal Guadalupe Kendall Medina Wilson	<b>Region 10:</b> El Paso	<b>Region 11:</b> Aransas Bee Brooks Cameron Duval Hidalgo Jim Hogg Jim Wells Kenedy Kleberg Live Oak McMullen, Nueces Refugio San Patricio Starr Webb Willacy Zapata		

## Day Activity and Health Services (DAHS)

### Service Description

Day Activity and Health Services (DAHS) facilities provide daytime services Monday through Friday to consumers residing in the community in order to provide an alternative to placement in nursing homes or other institutions. Services are designed to address the physical, mental, medical, and social needs of consumers.

### Funding Sources

Title XIX, State Funds, and Social Services Block Grant (Title XX)

### Covered Services

Services include:

- Noon meal and snacks
- Nursing and personal care
- Physical rehabilitation
- Social, educational, and recreational activities
- Transportation

### Consumer Eligibility

- **Age:** 18 years of age or older
- **Income:** For Title XIX: Must be a Medicaid recipient  
For Title XX: \$2,022 per month for an individual  
\$4,044 per month for a couple
- **Resources:** \$5,000 or less for an individual if not SSI eligible or \$6,000 or less for a couple if not SSI eligible
- **Other Requirements:**
  - A functional disability related to medical diagnosis.
  - Medical diagnosis and physician's orders requiring care or supervision by a licensed nurse.
  - Prior approval granted by a Regional Nurse.
  - The need for assistance with one or more personal care tasks.

**Service Maximum**

10 units per week (5 days)

**Provider Base**

Licensed adult day care facilities

**Service Availability**

Statewide

**Contact for Provider Policy Information**

Community Services - Policy Development and Support  
Department of Aging and Disability Services  
Mail Code W-521  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-3015  
Fax Number 512-438-5133

**Contact for Licensure**

Regulatory – Facility Enrollment  
Department of Aging and Disability Services  
Mail Code E-349  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-2630  
Fax Number 512-438-2723

**Contact for Contracting Information**

Community Services – Contracting  
Department of Aging and Disability Services  
Mail Code W-517  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-2080  
Fax Number 512-438-5522

**Contact for Consumer Eligibility Issues/Questions**

Community Services Policy  
Department of Aging and Disability Services  
Mail Code W-351  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-3436  
Fax Number 512-438-2906

**How to Apply for Services**

Contact your local DADS office. The web site to locate the office is:

<http://www.dads.state.tx.us/services/contact.cfm>



## **Deaf Blind with Multiple Disabilities (DBMD)**

### **Service Description**

This Medicaid waiver program provides home and community-based services to people who are Deaf Blind with Multiple Disabilities (DBMD) as a cost-effective alternative to ICF-MR/RC institutional placement. The DBMD program focuses on increasing opportunities for consumers to communicate and interact with their environment.

### **Funding Sources**

Title XIX Medicaid 1915(c) Home and Community Based Services Waiver and State Funds

### **Covered Services**

Services include:

- Adaptive Aids and Medical Supplies
- Assisted Living (licensed up to 6 beds)
- Behavioral Support Services
- Case Management
- Chore Provider
- Consumer Directed Services
- Environmental Accessibility
- Residential Habilitation
- Intervener
- Nursing Services
- Occupational Therapy
- Orientation and Mobility
- Physical Therapy
- Prescription Drugs, if not covered through Medicare
- Respite Care
- Speech, Hearing and Language Therapy
- Audiology
- Employment Assistance
- Supported Employment
- Dental Treatment
- Transition Assistance Services
- Dietary Services

The Consumer Directed Services (CDS) option allows participants who live in their own private residences or the home of a family member to choose to self-direct certain services. By choosing to self-direct these services, participants will assume and retain responsibility to:

- recruit their service providers;
- conduct criminal history checks;
- determine the competency of service providers; and
- hire, train, manage, and fire their service providers.

The CDS option is available in the DBMD program for the following services: Respite (in- and out-of-home), Intervener, and Residential Habilitation.

### **Consumer Eligibility**

- **Income and Resources:** The applicant must be Medicaid eligible in the community under:
  - SSI; or
  - Medical Assistance Only (MAO) protected status; or
  - Meet the income and resource requirements for Medicaid benefits in nursing facilities. (\$2,022 per month with resources of \$2,000 for an individual. Spousal impoverishment provisions apply.)
- **Deafblindness:** Have deafblindness or a related condition that will result in deafblindness with an additional disability resulting in a demonstrated need for one or more service on a monthly basis.
- **Individual Plan of Care:** The applicant's individual plan of care cannot exceed \$114,736.08.
- **Informed Choice:** Choose waiver services instead of institutional care based on an informed choice.
- **Level-of-Care:** Meet the institutional LOC criteria for ICF-MR/RC LOC VIII.

### **Service Maximum**

There is an individual consumer cost limit based on 200% of the average cost of receiving services in an ICF-MR/RC facility, as of August 31, 2010.

### **Provider Base**

Public and private agencies

### **Service Areas**

Statewide availability. As this is a low incidence population, there are currently 41 counties in which individuals are currently served.

### **Contact for Provider Policy Information**

Community Services Policy Center for Policy and Innovation  
Department of Aging and Disability Services  
Mail Code W-579  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-2622  
Fax Number 512-438-5135

### **How to Apply for Services**

Contact the Policy Development and Support unit or call 1-877-438-5658 and ask for the DBMD Waiver.

## Emergency Response Services (ERS)

### Service Description

Emergency Response Services (ERS) are provided through an electronic monitoring system used by functionally impaired adults who live alone or who are socially isolated in the community. In an emergency, the individual can press a call button to signal for help. The electronic monitoring system, which has a 24-hour, seven-day-a-week monitoring capability, helps to ensure that the appropriate person or service agency responds to an alarm call from an individual.

### Funding Sources

Social Services Block Grant (Title XX) and State Funds

### Covered Services

An electronic monitoring system that the individual can use to signal for help in case of an emergency.

### Consumer Eligibility

- **Age:** 18 years of age or older
- **Income:** Medicaid recipient or not exceeding:
  - \$2,022 per month for an individual
  - \$4,044 per month for a couple
- **Resources:**
  - \$5,000 or less for an individual
  - \$6,000 or less for a couple
- **Functional Assessment Score:** Minimum score of 20
- **Additional Requirements:**
  - Have a landline telephone
  - Be alone routinely for eight or more hours per day.
  - Have the mental capacity to operate the equipment.
  - Be willing to sign a release statement that allows the responder to make a force entry into the consumer's home if he is asked to respond to an activated alarm call and has no other means of entering the home to respond.

## **Provider Base**

Licensed Personal Emergency Response System Providers

## **Service Availability**

Statewide

## **Contact for Provider Policy Information**

Center for Policy and Innovation – Community Services Policy  
Department of Aging and Disability Services  
Mail Code W-579  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-3015  
Fax Number 512-438-5133

## **Contact for Contracting Information**

Community Services - Contracting  
Department of Aging and Disability Services  
Mail Code W-517  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-2080  
Fax Number 512-438-5522

## **Contact for Consumer Eligibility Issues/Questions**

Community Services Policy  
Department of Aging and Disability Services  
Mail Code W-351  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-3436  
Fax Number 512-438-2906

## **How to Apply for Services**

Contact your local DADS office. The web site to locate the office is:  
<http://www.dads.state.tx.us/services/contact.cfm>

## Family Care (FC) Services

### Service Description

Family Care (FC) is a non-skilled, non-technical attendant care service available to eligible adults who are functionally limited in performing activities of daily living.

Family Care services are provided by an attendant and do not require the supervision of a registered nurse.

### Funding Sources

Social Services Block Grant (Title XX) and State Funds

### Covered Services

- **Escort:** Accompanying the consumer on trips to obtain medical diagnosis or treatment or both. This service does not include the direct transportation of the consumer by the attendant.
- **Home Management:** Assistance with housekeeping activities that support the consumer's health and safety, including the following:
  - housekeeping
  - laundry
  - shopping
  - other household tasks
- **Personal Care\*:** Assistance with activities related to the care of the consumer's physical health, including the following:
  - bathing
  - dressing
  - grooming
  - routine hair and skin care
  - preparing meals
  - feeding
  - exercising
  - helping with self-administered medication
  - toileting
  - transferring/ambulating

\* This service is available using the Consumer Directed Services (CDS) option. The CDS option allows participants who live in their own private residences or the home of a family member to choose to self-direct certain services. By choosing to self-direct these services, participants will assume and retain responsibility to:

- recruit their service providers;
- conduct criminal history checks;
- determine the competency of service providers; and
- hire, train, manage, and fire their service providers.

### **Consumer Eligibility**

- **Age:** 18 years of age or older
- **Income:**
  - \$2,022 per month for an individual
  - \$4,044 per month for a couple
- **Resources:**
  - \$5,000 or less for an individual
  - \$6,000 or less for a couple
- **Functional Assessment Score:** Minimum score of 24
- **Unmet Need:** For home management and/or personal care task(s)

### **Service Maximum**

Consumers can receive:

- 50 hours per week; or
- 42 hours per week if they receive Priority Status.

### **Provider Base**

Home and Community Support Services Agencies

### **Service Availability**

Statewide

**Contact for Provider Policy Information**

Community Services - Policy Development and Support  
Department of Aging and Disability Services  
Mail Code W-521  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-3015  
Fax Number 512-438-5133

**Contact for Licensure**

Regulatory – HCSSA  
Department of Aging and Disability Services  
Mail Code E-217  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-2630  
Fax Number 512-438-2213

**Contact for Contracting Information**

Community Services - Contracting  
Department of Aging and Disability Services  
Mail Code W-517  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-2080  
Fax Number 512-438-5522

**Contact for Consumer Eligibility Issues/Questions**

Community Services Policy  
Department of Aging and Disability Services  
Mail Code W-351  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-3436  
Fax Number 512-438-2906

**How to Apply for Services**

Contact your local DADS office. The web site to locate the office is:

<http://www.dads.state.tx.us/services/contact.cfm>



## **Home Delivered Meals Services (HDM)**

### **Service Description**

The Home Delivered Meals program provides a nutritious meal delivered to the consumer's home to ensure he or she gets at least one healthy meal per day.

### **Funding Sources**

Social Services Block Grant (Title XX), Local Resources, State Funds, and Contractor Match

### **Covered Services**

Meals delivered to the home

### **Consumer Eligibility**

- **Age:** 18 years of age or older
- **Income:** Medicaid recipient or not exceeding:
  - \$2,022 per month for an individual
  - \$4,044 per month for a couple
- **Resources:**
  - \$5,000 or less for an individual
  - \$6,000 or less for a couple
- **Functional Assessment Score:** Minimum score of 20
- Consumer must be functionally limited in preparing meals.

### **Provider Base**

Local community agencies, private and public agencies, and Area Agencies on Aging

### **Service Availability**

Statewide in every region. Other resources, such as the Area Agencies on Aging meals program, are considered as contracts are developed.

**Contact for Provider Policy Information**

Community Services - Policy Development and Support  
Department of Aging and Disability Services  
Mail Code W-521  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-3190  
Fax Number 512-438-5133

**Contact for Contracting Information**

Community Services - Contracting  
Department of Aging and Disability Services  
Mail Code W-517  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-2080  
Fax Number 512-438-5522

**Contact for Consumer Eligibility Issues/Questions**

Regional and Local Services  
Department of Aging and Disability Services  
Mail Code W-351  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-3436  
Fax Number 512-438-2906

**How to Apply for Services**

Contact your local DADS office. The web site to locate the office is:

<http://www.dads.state.tx.us/services/contact.cfm>

## **Hospice Services**

### **Service Description**

A program of palliative care which allows for care to be provided at the individual's place of residence and consists of medical, social, and support services to a terminally ill patient, when curative treatment is no longer possible.

### **Funding Sources**

Title XIX and State Funds

### **Covered Services**

Services include:

- Bereavement Counseling
- Counseling Services
- Drugs and Biologicals
- General Inpatient Care (short-term)
- Home Health Aide Services
- Homemaker Services
- Household Services
- Medical Appliances and Supplies
- Medical Social Services
- Nursing Care Services
- Occupational Therapy
- Physical therapy
- Physician Services
- Respite Care
- Speech Language Pathology
- Volunteer Services

### **Consumer Eligibility**

- All Medicaid eligible recipients.
- Hospice recipients must sign a statement voluntarily electing the Hospice Program;
- Hospice clients, 21 years of age and older, must agree to waive Medicaid payment for services related to the terminal illness.
- Physician's prognosis of six-months or less to live if the terminal illness runs its normal course.

### **Service Maximum**

Physician certification for hospice care is given in unlimited six-month increments of time.

### **Provider Base**

State licensed hospice agencies that are Medicare certified as hospice agencies. In order to receive Medicaid payments, the Medicare hospice providers must have a Medicaid contract with DADS. Individuals electing Medicaid hospice care must elect a Medicaid contracted hospice agency.

### **Service Availability**

Statewide

### **Contact for Provider Policy Information**

Community Services and Program Operation-Program Support and Special Services  
Department of Aging and Disability Services  
Mail Code W-524  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-3519  
Fax Number 512-438-5135

### **Contact for Licensure**

Home and Community Support Services  
Department of Aging and Disability Services  
Regulatory  
Mail Code E-342  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-2183  
Fax Number 512-438-2213

### **Community Services Contracts**

Department of Aging and Disability Services  
Mail Code W-517  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone: (512) 438-2080;  
Voicemail: (512) 438-3550; or

E-mail: [communityservicescontracts@dads.state.tx.us](mailto:communityservicescontracts@dads.state.tx.us) Contact for Billing,  
Payment and Eligibility Paperwork

Provider Claims Services  
Department of Aging and Disability Services  
Mail Code W400  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-2200  
Fax Number 512-438-2301  
<https://hhsportal.hhs.state.tx.us/wps/portal>

### **How to Apply for Services**

Contact your local DADS office. The web site to locate the office is:

<http://www.dads.state.tx.us/services/contact.cfm>

## **In-Home and Family Support Program (IHFSP)**

(For Adults and Children Age 4 or Older)

### **Service Description**

Direct grant benefits to individuals with physical disabilities and/or their families. Eligible individuals are empowered to choose and purchase services that help them to remain in their own home.

### **Funding Source**

State Funds

### **Covered Services**

Services include:

- Attendant care, home health services, home health aide services, homemaker services, chore services that provide assistance with training, routine body functions, dressing, preparing and consuming food, and ambulating.
- Counseling and training programs that help provide proper care of an individual with a disability.
- Medical, surgical, therapeutic, diagnostic, and other health services related to a person's disability, which may include medications not covered by Medicare or Medicaid.
- Other disability related services prior-approved by DADS.
- Pre-approved transportation and room and board cost incurred by a person with a physical disability or his family during evaluation or treatment.
- Purchase or lease of special equipment or architectural modifications of a home to facilitate the care, treatment therapy, or general living conditions of a person with a disability.
- Respite care

### **Consumer Eligibility**

- **Age:** 4 years of age or older
- **Income:** Co-payment schedule begins at 105% of the state median income for household size.
- **Disability:** A physical disability that substantially limits one or more major life activities.

### **Service Maximum**

Maximum grant total of \$1,200 per year

### **Service Availability**

Statewide. Interest list in all areas.

### **Contact for Consumer Eligibility Issues/Questions**

Community Services Policy  
Department of Aging and Disability Services  
Mail Code W-351  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-3436  
Fax Number 512-438-2906

### **How to Apply for Services**

Contact your local DADS office. The web site to locate the office is:  
<http://www.dads.state.tx.us/services/contact.cfm>

## **Medically Dependent Children Program (MDCP)**

(For Children Under Age 21)

### **Service Description**

The Medically Dependent Children Program (MDCP) provides a variety of services to support families caring for children who are medically dependent, and to encourage de-institutionalization of children in nursing facilities.

### **Funding Source**

Title XIX (Medicaid 1915(c) Home and Community-Based Services Waiver), and State Funds

### **Covered Services**

#### **Adaptive Aids** are:

- necessary to treat, rehabilitate, prevent or compensate for conditions resulting in disability or loss of function; or
- devices that enable you to perform the activities of daily living or control the environment in which you live.

**Adjunct Support Services** - are individualized and disability-related services that include personal care supports for basic activities of daily living (ADL) and instrumental ADL, skilled care and delegated skilled care supports to:

- assist an individual to participate in child care;
- assist an individual to participate in post-secondary education; or
- increase the individual's independence.

**Minor Home Modification** – a physical modification to a consumer's home necessary to prevent institutionalization or support de-institutionalization and is necessary to ensure the health, welfare, and safety of the individual or to enable the individual to function with greater independence in his home.

**Financial Management Services** – services delivered by the Consumer Directed Service (CDS) agency to an individual or Legally Authorized Representative (LAR) accessing the CDS option. The CDS agency provides services such as orientation, training, support, assistance with, and approval of budgets, and processing payroll and payables on behalf of the employer. In the CDS option, an individual or LAR employs and retains service providers and directs the delivery of program services.



**Respite** –provides the primary caregiver(s) temporary relief from care during times when the caregiver would normally provide the care.

**Transition Assistance Services (TAS)** – a one-time service provided to Medicaid eligible Texas nursing facility residents to assist in transitions from the nursing facility into the community.

\* This service is available using the **Consumer Directed Services (CDS)** option. The CDS option allows participants who live in their own private residences or the home of a family member to choose to self-direct certain services. By choosing to self-direct these services, participants will assume and retain responsibility to:

- recruit their service providers;
- conduct criminal history checks;
- determine the competency of service providers; and
- hire, train, manage, and fire their service providers.

### **Consumer Eligibility**

- **Age:** Under 21 years of age
- **Residence:** Live in Texas
- **Citizenship:** A citizen of the United States or an alien with approved status.
- **Financial Eligibility:** Must be Medicaid eligible as:
  - low income families with children as provided in §1931 of the Social Security Act;
  - recipients of Supplemental Security Income (SSI);
  - Medical Assistance Only (MAO); or
  - all other mandatory and optional TANF-related groups in the Texas Medicaid State Plan.
- **Disability:** A person meets the disability criteria if the person receives disability benefits from:
  - Supplemental Security Income;
  - federal old-age, survivors, and disability insurance; or
  - railroad retirement; or
  - has a disability determination by HHSC.
- **Medical Necessity:** Meet the medical necessity determination for nursing facility care.
- **Approved Living Arrangements:** If under age18, the individual must reside:

- with a family member such as a parent, guardian, grandparent, or sibling; or
  - With a foster family that includes no more than four children unrelated to the individual.
- **Individual Plan of Care (IPC):** The IPC is developed with the consumer and the primary caregiver(s) during the initial eligibility determination and during the annual reassessment process.

### **Service Maximum**

- **Cost Limit:** The cost limit is 50 percent of the reimbursement rate that would have been paid for that same individual to receive services in a nursing facility.
- **RUG:** The Resource Utilization Group (RUG) is calculated based on the Medical Necessity (MN) and Level of Care (LOC) assessment, and is used to determine cost limits for MDCP participants.

### **Provider Base**

- Respite Providers
- Adjunct Support Services Providers
- Adaptive Aids Providers
- Minor Home Modification Providers
- Transition Assistance Services Providers
- Financial Management Services Providers

### **Service Availability**

Statewide

#### **\*\*\*Informed Choice**

The individual may choose waiver services instead of nursing facility care based on informed choice. MDCP consumers have freedom of choice of provider and provider type.

**Contact for Provider Policy Information**

Community Services - Policy Development and Support  
Department of Aging and Disability Services  
Mail Code W-521  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-3190  
Toll-free Number 1-877-438-5658

**Contact for Provider Enrollment Information**

Community Services - Contracting  
Department of Aging and Disability Services  
Mail Code W-517  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-3460  
Fax Number 512-438-5522

**Contact for Consumer Eligibility Issues/Questions**

Community Services Policy  
Department of Aging and Disability Services  
Mail Code W-351  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-3436  
Fax Number 512-438-2906

**Contact for Interest List Information**

Community Services Interest List Unit  
Department of Aging and Disability Services  
Mail Code W-521  
P. O. Box 149030  
Austin, TX 78714-9030  
Fax Number 512-438-3549  
Toll-free Number 1-877-438-5658

**How to Apply for Services**

Call 1-877-438-5658

## **Pre-Admission Screening and Resident Review (PASRR)**

### **Service Description**

The Omnibus Budget Reconciliation Act of 1987 (OBRA '87) requires that all people seeking entry into a nursing facility be screened to identify individuals who have mental illness (MI), an intellectual disability (ID) or a developmental disability (DD). Individuals suspected of having mental illness (MI), an intellectual disability (ID) or a developmental disability (DD) must have an additional assessment to identify the need for specialized services. The PASRR assessment also determines medical necessity for nursing facility services. In addition, individuals already residing within facilities whose condition changes must be assessed again through a resident review process. All individuals who are not satisfied with their PASRR determination have the right to a fair hearing to appeal the determination.

### **Funding Sources**

Title XIX and State Funds

### **Covered Services**

- Service coordination by the local MH/MR authority;
- Determination of intellectual disability (DMR);
- Alternate placement services;
- Vocational training;
- Rehabilitative/maintenance therapies: Physical, Occupational, and Speech therapy
- Customized Manual Wheelchairs and specialized DME.

### **Consumer Eligibility**

All potential consumers who are planning to move to a partially federally funded nursing facility and who are suspected of having a mental illness, a diagnosis of an intellectual disability or a developmental disability must receive a PASRR screening, including private pay consumers.

### **Provider Base**

- For rehabilitative services: individual Medicaid rehabilitation providers.
- For other specialized services: the MR Authority or mental health providers.

## **Service Availability**

Statewide

## **Contact for Provider Policy Information or Consumer Eligibility Issues/Questions**

Access and Intake – PASRR Unit  
Department of Aging and Disability Services  
Mail Code W 522  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-4481  
Fax Number 512-438-2180

## **Required Licensure**

- Nursing Facility License
- Professional licensure as applicable
- Staff conducting assessments must meet the criteria to be a Qualified MR Professional or Qualified Mental Health Professional as appropriate

## **Contact for Licensure**

Regulatory – Facility Enrollment  
Department of Aging and Disability Services  
Mail Code E-349  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-2630  
Fax Number 512-438-2723

## **How to Apply for Services**

Contact your local DADS office. The web site to locate the office is:

<http://www.dads.state.tx.us/services/contact.cfm>

## **Primary Home Care (PHC)** **(For Adults)**

### **Service Description**

Primary Home Care (PHC) is a non-technical, non-skilled service providing in-home attendant services to individuals with an approved medical need for assistance with personal care tasks. PHC is available to eligible adults whose health problems cause them to be functionally limited in performing activities of daily living according to a practitioner's statement of medical need.

PHC services are provided by an attendant.

### **Funding Sources**

Title XIX and State Funds

### **Covered Services**

- **Escort:** Accompanying the consumer on trips to obtain medical diagnosis or treatment or both. Additional time may not be allocated for escort services for other purposes. This service does not include the direct transportation of the consumer by the attendant.
- **Home Management:** Assistance with housekeeping activities that support the consumer's health and safety, including the following:
  - housekeeping
  - laundry
  - shopping
  - other household tasks
- **Personal Care\*:** Assistance with activities related to the care of the consumer's physical health, including the following:
  - bathing
  - dressing
  - grooming
  - routine hair and skin care
  - preparing meals
  - feeding
  - exercising
  - helping with self-administered medication
  - toileting
  - transferring/ambulating

\*This service is available using the Consumer Directed Services (CDS) option. The CDS option allows participants who live in their own private residences or the home of a family member to choose to self-direct certain services. By choosing to self-direct these services, participants will assume and retain responsibility to:

- recruit their service providers;
- conduct criminal history checks;
- determine the competency of service providers; and
- hire, train, manage, and fire their service providers.

### **Consumer Eligibility**

- **Age:** Must be 21 or older.
- **Income:** Medicaid eligible.
- **Resources:** \$2,000 or less for an individual or \$3,000 or less for a couple
- **Functional Assessment Score:**
  - Minimum score of 24
  - Functional limitation with at least one personal care task based on medical condition
  - Practitioner's statement of medical need

**Unmet Need:** For home management and personal care task(s)

### **Service Maximum**

Consumers can receive:

- 50 hours per week; or
- 42 hours per week if receive Priority Status.

### **Provider Base**

Home and Community Support Services Agencies

### **Service Availability**

Statewide

**Contact for Provider Policy Information**

Center for Policy and innovation – Community Services Policy  
Department of Aging and Disability Services  
Mail Code W-579  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-3015  
Fax Number 512-438-5133

**Contact for Licensure**

Regulatory – HCSSA  
Department of Aging and Disability Services  
Mail Code E-217  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-2630  
Fax Number 512-438-2213

**Contact for Contracting Information**

Community Services - Contracting  
Department of Aging and Disability Services  
Mail Code W-517  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-2080  
Fax Number 512-438-5522

**Contact for Consumer Eligibility Issues/Questions**

Community Services Policy  
Department of Aging and Disability Services  
Mail Code W-351  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-3436  
Fax Number 512-438-2906

**How to Apply for Services**

Contact your local DADS office. The web site to locate the office is:

<http://www.dads.state.tx.us/services/contact.cfm>



## **Program of All-Inclusive Care for the Elderly (PACE)**

### **Service Description**

Provides community-based services to frail elderly people who qualify for nursing facility placement. Uses a comprehensive care approach, providing an array of services for a capitated monthly fee that is below the cost of comparable institutional care.

### **Funding Sources**

Title XIX, State Funds, and private pay

### **Covered Services**

Any and all health-related services needed including in-patient and outpatient medical care, specialty services like dentistry and podiatry, social services, in-home care, meals, transportation, day activity, and housing assistance.

### **Consumer Eligibility**

Must meet the following criteria:

- Be over age 55 years of age
- Choose PACE services
- Qualify for nursing facility level of care

### **Provider Base**

One provider in El Paso, one provider in Amarillo and one provider in Lubbock.

### **Service Availability**

Designated areas of El Paso, Amarillo/Canyon, and Lubbock (See attached chart)

### **Contact for Provider Policy Information**

Community Services - Policy Development and Support  
Department of Aging and Disability Services  
Mail Code W-524  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-2013  
Fax Number 512-438-5153

**PACE CATCHMENT AREAS BY ZIP CODE**

<b>Amarillo/Canyon area:</b>	<b>El Paso area:</b>	<b>Lubbock area:</b>
79015	79901	79403
79101	79902	79404
79102	79903	79407
79103	79904	79408
79104	79905	79409
79106	79907	79414
79107	79915	79415
79108	79924	79416
79109	79925	79423
79110	79930	79724
79111	79935	79452
79118	79936	79453
79119		79464
79121		79490
79124		79493
		79499

## Residential Care (RC)

### Service Description

The Residential Care (RC) program provides services to eligible adults who require access to care on a 24-hour basis but do not require daily nursing intervention. Services include, but are not limited to: personal care, home management, escort, 24-hour supervision, social and recreational activities, and transportation.

Services provided under the RC program are delivered through one of two arrangements: residential care and emergency care.

- **Residential Care** is a 24-hour living arrangement in which the consumer pays room and board and keeps a monthly allowance for personal and medical expenses. The remainder of his income is contributed to the total cost of his care.
- **Emergency Care** is a living arrangement that provides services to eligible consumers while case managers seek a permanent care arrangement. Emergency care consumers do not contribute toward the cost of their care.

### Funding Source

Title XX

### Consumer Eligibility

- **Age:**  
18 years of age or older
- **Income:** Medicaid recipient or not exceed:
  - \$2,022 per month for an individual
  - \$4,044 per month for a couple
- **Resources:** \$5,000 or less for an individual or \$6,000 or less for a couple
- **Functional Assessment:**
  - Minimum score of 18
  - Have needs that do not exceed the facility's capability under its licensed capacity.

### Provider Base

Facilities licensed as assisted living facilities.

**Service Availability**

Available in every region but not in every county

**Contact for Provider Policy Information**

Community Services - Policy Development and Support  
Department of Aging and Disability Services  
Mail Code W-521  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-3015  
Fax Number 512-438-5133

**Contact for Licensure**

Regulatory – Facility Enrollment  
Department of Aging and Disability Services  
Mail Code E-349  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-2630  
Fax Number 512-438-2723

**Contact for Contracting Information**

Community Services - Contracting  
Department of Aging and Disability Services  
Mail Code W-517  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-2080  
Fax Number 512-438-5522

**Contact for Consumer Eligibility Issues/Questions**

Community Services Policy  
Department of Aging and Disability Services  
Mail Code W-351  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-3436  
Fax Number 512-438-2906

### **How to Apply for Services**

Contact your local DADS office. The web site to locate the office is:

<http://www.dads.state.tx.us/services/contact.cfm>

## **Special Services to Persons with Disabilities (SSPD)**

### **Services Description**

Special Services to Persons with Disabilities (SSPD) include services provided to community individuals in a variety of settings. These services are designed to assist individuals in developing the skills needed to remain in the community as independently as possible.

### **Funding Sources**

Social Services Block Grant (Title XX) and State Funds

### **Covered Services**

Counseling, personal care, and help with the development of skills needed for independent living in the community.

### **Consumer Eligibility**

- **Age:** 18 years of age or older
- **Income:** Medicaid recipient or not exceeding:
  - \$2,022 per month for an individual
  - \$4,044 per month for a couple
- **Resources:**
  - \$5,000 or less for an individual
  - \$6,000 or less for a couple
- **Functional Assessment Score:** Minimum score of 9

### **Provider Base**

Adult Day Care Facilities  
Home and Community Support Services Agencies  
Public agencies and non-profit organizations

### **Service Availability**

Available in Regions 03, 04, and 07

**Contact for Provider Policy Information**

Center for Policy and Innovation – Community Services Policy  
Department of Aging and Disability Services  
Mail Code W-579  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-3015  
Fax Number 512-438-5133

**Contact for Contracting Information**

Community Services - Contracting  
Department of Aging and Disability Services  
Mail Code W-517  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-2080  
Fax Number 512-438-5522

**Contact for Consumer Eligibility Issues/Questions**

Contact your local DADS office. The web site to locate the office is:

<http://www.dads.state.tx.us/services/contact.cfm>

**How to Apply for Services**

Contact your local DADS office. The web site to locate the office is:

<http://www.dads.state.tx.us/services/contact.cfm>

## **Special Services to Persons with Disabilities (SSPD-SAC)**

### **24-Hour Shared Attendant Care (SAC)**

#### **Service Description**

Special Services to Persons with Disabilities (SSPD) 24-Hour Shared Attendant Care (SAC) makes attendant care available to individuals on a 24-hour basis. Individuals live independently in clustered living arrangements and use this service to achieve habilitative or re-habilitative goals.

#### **Funding Sources**

Social Services Block Grant (Title XX) and State Funds

#### **Covered Services**

Around the clock availability of attendant care in a clustered living environment

#### **Consumer Eligibility**

- **Age:** 18 years of age and older
- **Income:** Medicaid recipient or not exceeding:
  - \$2,022 per month for an individual
  - \$4,044 per month for a couple
- **Resources:**
  - \$5,000 or less for an individual
  - \$6,000 or less for a couple
- **Functional Assessment Score:** Minimum score of 9

#### **Provider Base**

Adult Day Care Facilities  
Home and Community Support Services Agencies  
Public agencies and non-profit organizations

#### **Service Availability**

Houston



**Contact for Provider Policy Information**

Center for Policy and Innovation – Community Services Policy  
Department of Aging and Disability Services  
Mail Code W-579  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-3015  
Fax Number 512-438-5133

**Contact for Consumer Eligibility Issues/Questions**

Contact your local DADS office. The web site to locate the office is:

<http://www.dads.state.tx.us/services/contact.cfm>

**How to Apply for Services**

Contact your local DADS office. The web site to locate the office is:

<http://www.dads.state.tx.us/services/contact.cfm>

## **Area Agencies on Aging**

### **Access & Assistance Services**

#### **Service Description**

Access and assistance services provided by AAAs (directly and through contractor and vendor agreements) help older individuals and their family members and other caregivers receive the information and assistance they need in locating and accessing community services, both public and private, formal and informal.

#### **Funding Sources**

Older Americans Act Titles III-B, Title III-E, VII-OAG and VII-EAP; State General Revenue; Centers for Medicare & Medicaid Services-Medicare Beneficiary Grant Funds.

#### **Covered Services**

- **Information, Referral and Assistance** – Assessing the needs of the inquirer, evaluating appropriate resources, assessing appropriate response modes, indicating organizations capable of meeting those needs, providing enough information about each organization to help inquirers make informed decisions, helping inquirers for whom services are unavailable by locating alternative resources, when necessary, actively participating in linking the inquirer to needed services and conducting follow-up to ensure the services were provided.
- **Benefits Counseling/Legal Assistance** – Assisting older individuals 60 years of age or older or individuals who are under age 60 and are Medicare enrollees and eligible disabled (as determined by the Social Security Administration), in obtaining information regarding public benefits, private benefits and a variety of community support programs. Benefits Counseling services include assisting older adults with understanding their rights, applying for benefits and receiving appropriate referrals, exercising choice, benefiting from services and opportunities authorized by law, and maintaining their rights, especially those individuals with reduced capacities. Consumer-protection issues are a major theme in benefits counselors' work, along with basic questions about rights, benefits, and entitlements.
- **Legal Awareness** - Disseminating accurate, timely and relevant information, eligibility criteria, requirements and procedures to older individuals on public entitlements, health/long-term care, individual rights, planning/protection

options, housing and consumer issues in a group setting, to eligible individuals or through mass media.

Care Coordination – Assessing the needs of an older individual and effectively planning, arranging, coordinating and following-up on services which most appropriately meet the identified needs as mutually defined by the older individual and the AAA staff. Service may be provided short-term or on an ongoing basis.

**Ombudsman Program** – Administered by the Office of the State Long-term Care Ombudsman. Staff works closely with the 28 local programs to advocate for the rights of residents and their families so they receive the highest quality of care in long-term care facilities. Specially trained staff and certified volunteers serve as advocates in licensed nursing and assisted living facilities across the state.

### **Participant Eligibility**

Services are provided to individuals 60 years of age and older and are targeted to older individuals with greatest economic and social need, with particular attention to low-income minority older individuals, and older individuals residing in rural areas, older individuals with limited English proficiency, older individuals with Alzheimer's disease and related disorders with neurological and organic brain dysfunction, and older individuals at risk for institutional placement. Additionally, family members and/or other caregivers who are under sixty years of age may receive support services on behalf of the older individual for whom they are providing care.

### **Provider Base**

Area Agencies on Aging, Subcontractors, and Vendors

### **Service Availability**

Statewide. However, as service priorities and available resources vary across the state, individuals should contact their local AAA for information regarding services in their area.

### **Contact for Policy Information**

Area Agencies on Aging  
Department of Aging and Disability Services  
Mail Code W-352  
701 West 51<sup>st</sup> Street  
Austin, TX 78751  
Phone Number (512) 438-4893  
Fax Number (512) 438-4374

### **Contact for Subcontracting/ Vendor Information**

Subcontracts and vendor agreements are established and managed by AAAs. Interested parties should contact their local AAA for request for proposal/open enrollment information. To find the proper Area Agency of Aging, access the following website:

<http://www.dads.state.tx.us/services/contact.cfm>

### **How to Apply for Services**

Contact your AAA locally, or by dialing 1-800-252-9240 to be automatically connected to the AAA in your area.

## Area Agencies on Aging Caregiver Support Services

### Service Description

The Older Americans Act, National Family Caregiver Support Program (NFCSP) provides critical support needed by families to assist them in maintaining their caregiver roles. Under this program, informal caregivers are defined as:

- individuals caring for persons age 60 or older;
- grandparents or relative caregiver age 55 or older caring for a grandchild age 18 or younger; and
- individuals caring for persons of any age who have Alzheimer's disease and related disorders with neurological and organic brain dysfunction.

**While AAAs have historically provided services to caregivers, implementation of NFCSP has allowed AAAs to expand services available to caregivers.**

### Funding Sources

Older Americans Act Titles III-E, State General Revenue

### Covered Services

- **Information** – Information to caregivers about available services. Activities include partnership building and developing information and resources related to caregiving issues.
- **Assistance** – Assistance to caregivers in gaining access to available services. Services under this category include access and assistance services described under the Access and Assistance program. In addition this program includes caregiver support coordination, described below:
  - **Caregiver Support Coordination** - Assessing the needs of a caregiver and care recipient, effectively planning, arranging, coordinating and following-up on services which most appropriately meet the identified needs as mutually defined by the caregiver, the care recipient and the access and assistance staff.
- **Counseling and Support Groups** – Individual counseling, support groups, and caregiver education and training (described below) to assist in making decisions and solving problems relating to caregiving roles:
  - **Caregiver Education and Training** - Establishing resource libraries, compiling or developing informational resources, organizing and/or facilitating support groups, seminars and focus

groups, facilitating individual or group counseling and providing educational services to groups or individuals.

- **Supplemental Services** – Supplemental services, on a limited basis, complement the care provided by caregivers. Services provided under this category include respite, transportation, emergency response, home delivered meals, homemaker, personal assistance, telephone reassurance, and chore maintenance.

### **Participant Eligibility**

In accordance with the Older Americans Act, any individual who is providing care for an individual age 60 and older or who is a grandparent or relative caregiver age 55 and older and is providing primary care for a grandchild age 18 or younger is eligible to receive services. Many of the supplemental support services and respite services require an assessment to determine consumer impairment in their ability to perform activities of daily living and instrumental activities of daily living.

### **Provider Base**

Area Agencies on Aging, Subcontractors, and Vendors

### **Service Availability**

Statewide. However, as service priorities and available resources vary across the state, individuals should contact their local AAA for information regarding services in their area.

### **Contact for Policy Information**

Area Agencies on Aging  
Department of Aging and Disability Services  
Mail Code W-352  
701 West 51<sup>st</sup> Street  
Austin, TX 78751  
Phone Number (512) 438-4893  
Fax Number (512) 438-4374

## Area Agencies on Aging In-Home Support Services

### Service Description

Area Agencies on Aging (AAA), and the service providers with which they establish contracts or vendor agreements, support a statewide system of supportive and in-home services. These services support a comprehensive, coordinated community-based system that results in a continuum of services for older individuals. It is the intent of the Older Americans Act that allocated funds be used as a catalyst in bringing together public/private and formal/informal resources in the community to assure the provision of a full-range of efficient, well coordinated, and accessible services for older individuals.

### Funding Sources

Older Americans Act Titles III-B, III-D, III-E, VII-EAP, State General Revenue, Housing Bond Fee Program Funds.

### Covered Services

- **Homemaker** - A service provided by trained and supervised staff involving the performance of housekeeping/home management, meal preparation, and/or escort tasks and shopping assistance. Services are provided to individuals who require assistance with these activities in their place of residence. The objective is to assist the recipient sustain independent living in a safe and healthful home environment.
- **Personal Assistance** - Assisting an older individual who has difficulty performing activities of daily living as identified through an assessment process, with tasks that an individual would typically perform if they were able. This includes hands-on assistance in all activities of daily living.
- **Chore Maintenance** - Performing household chores such as heavy cleaning (e.g., scrubbing floors, washing walls, and washing outside windows), moving heavy furniture, yard and walkway maintenance, which an older individual is unable to perform on their own and which do not require the services of a trained homemaker.
- **Adult Day Care** - An array of services provided in a congregate, non-residential setting to dependent older individuals who need supervision but do not require institutionalization. These services may include any combination of social or recreational activities, health maintenance, transportation, meals, and other supportive services.

- **Residential Repair** – R Repairs or modifications of participant-occupied dwellings that improve the condition, enhance energy efficiency, structural integrity or are essential for the health and safety of the occupants.
- **Health Maintenance** - The provision of services, prescription drugs, and/or durable medical equipment which will prevent, alleviate, and/or cure the onset of acute and/or chronic illness, increase awareness of special health needs, and/or improve the emotional well-being of an older individual. This includes the provision of services by a health professional other than "health screening/monitoring" or "mental health" services, and includes, but is not limited to, dental treatment, health education, home health services (nursing, physical, speech, or occupational therapy), or the provision of medications, glasses, dentures, hearing aides or grab bars.
- **Health Screening/Monitoring** - Investigation or analysis by a medical or health professional to determine the need for a health service, including routine testing for blood pressure, hearing, vision, diabetes and anemia, or the periodic checking/monitoring of a known condition, such as monthly blood pressure checks for hypertension or hematocrit tests for anemia.
- **Emergency Response** - Services provided to the homebound, frail older individuals using an automatic monitoring system to link them to emergency medical services when their life or safety are in jeopardy. ERS services include the installation of the individual monitoring unit, training associated with the use of the system, periodic checking to ensure that the unit is functioning properly, equipment maintenance calls, response to an emergency call by a medical professional, paraprofessional or volunteer and follow-up with the participant.
- **Instruction and Training** - Providing the experience and/or knowledge to individuals or professionals working with older individuals to acquire skills, in a formal, informal, individual or group setting.
- **Transportation** - Designed to carry older individuals from specific origin to specific destination upon request. Participants request the transportation service in advance of their need, usually twenty-four to forty-eight hours prior to the trip.
- **Hospice** - An array of services provided either in the home or in a residential setting to older individuals suffering from a terminal illness. Services include medical care under the supervision of a physician, counseling for the person and the family members and other supportive services.
- **Senior Center Operations** - The operation of community facilities where individuals 60 or older meet together to pursue mutual interests, receive services and/or take part in activities that will enhance their quality of life,



support their independence and encourage their continued involvement in and with the community.

### **Participant Eligibility**

Services are provided to individuals 60 years of age and older and are targeted to older individuals with greatest economic and social need, with particular attention to low-income minority older individuals, and older individuals residing in rural areas, older individuals with limited English proficiency, older individuals with Alzheimer's disease and related disorders with neurological and organic brain dysfunction, and older individuals at risk for institutional placement. Many of the services under this category require an assessment to determine consumer impairment in their ability to perform activities of daily living and instrumental activities of daily living.

### **Provider Base**

Area Agencies on Aging, Subcontractors, and Vendors

### **Service Availability**

Statewide. However, as service priorities and available resources vary across the state, individuals should contact their local AAA for information regarding services in their area.

### **Contact for Policy Information**

Area Agencies on Aging  
Department of Aging and Disability Services  
Mail Code W-352  
701 West 51<sup>st</sup> Street  
Austin, TX 78751  
Phone Number (512) 438-4893  
Fax Number (512) 438-4374

### **Contact for Subcontracting/ Vendor Information**

Subcontracts and vendor agreements are established and managed by AAAs. Interested parties should contact their local AAA for request for proposal/open enrollment information. To find the proper Area Agency of Aging, access the following website: <http://www.dads.state.tx.us/services/contact.cfm>

### **How to Apply for Services**

Contact your AAA locally, or by dialing 1-800-252-9240 to be automatically connected to the AAA in your area.

## Area Agencies on Aging Nutrition Services

### Service Description

Area Agencies on Aging (AAA), and the service providers with which they establish contracts or vendor agreements, support a statewide system of nutrition services. These services include congregate meals, home delivered meals, nutrition education, nutrition counseling and nutrition consultation.

### Funding Sources

Older Americans Act Titles III-C1, III-C2 and Nutrition Services Incentive Program; State General Revenue

### Covered Services

- **Congregate Meal** - A hot or other appropriate meal served to an eligible individual, which complies with the most recent Dietary Guidelines for Americans, published by the Secretary and the Secretary of Agriculture, and provides a minimum of 33 1/3 percent of the dietary reference intakes established by the Food and Nutrition Board of the Institute of Medicine of the National Academy of Sciences and which is served in a congregate setting. The objective is to reduce food insecurity and promote socialization of older individuals.

There are two types of congregate meals:

- **Standard meal** - the regular meal from the standard menu that is served to the majority or all of the participants.
- **Modified/therapeutic meal or medical nutritional supplement** - a special meal or medical nutritional supplement that has been prescribed by a physician and is planned specifically for the participant by a dietitian (e.g. diabetic diet, renal diet, pureed diet, tube feeding).
- **Home Delivered Meal** - A hot, cold, frozen, dried, canned or supplemental food (with a satisfactory storage life) which complies with the most recent Dietary Guidelines for Americans, published by the Secretary and the Secretary of Agriculture, and provides a minimum of 33 1/3 percent of the dietary reference intakes established by the Food and Nutrition Board of the Institute of Medicine of the National Academy of Sciences and is delivered to an eligible individual in his/her place of residence. The objective is to help the recipient sustain independent living in a safe and healthful environment.

There are two types of home delivered meals:

- **Standard meal** - the regular meal from the standard menu that is served to the majority or all of the participants.
- **Modified/therapeutic meal or medical nutritional supplement** - a special meal or nutritional supplement that has been prescribed by a physician and is planned specifically for the participant by a dietitian (e.g., diabetic diet, renal diet, pureed diet, tube feeding).
- **Nutrition Education** - The provision of information to participants to promote nutritional well-being.
- **Nutrition Counseling** - Provision of individualized advice and guidance to individuals who are at nutritional risk because of their health or nutritional history, dietary intake, medication(s) use or chronic illness, about options and methods for improving their nutritional status, and performed by a health professional in accordance with state law and policy.
- **Nutrition Consultation** - Provision of information relating to nutrition by a licensed dietitian or other qualified person. Services are to be provided to area agencies on aging or nutrition providers.

### **Participant Eligibility**

Services are provided to persons 60 years of age and older and to their spouse regardless of age and are targeted to older individuals with greatest economic and social need, with particular attention to low-income minority older individuals, older individuals residing in rural areas, older individuals with limited English proficiency, older individuals with Alzheimer's disease and related disorders with neurological and organic brain dysfunction, and older individuals at risk for institutional placement..

If the nutrition service provided is a home delivered meal, the older individual must be homebound and have impairment(s) in their ability to perform activities of daily living.

In accordance with the OAA, a disabled individual regardless of age residing with an eligible older individual may accompany the older individual to a congregate meal site and receive a congregate meal. A disabled individual residing in a housing facility occupied primarily with older individuals at which congregate nutrition services are provided may also receive a congregate meal.

### **Provider Base**

Area Agency on Aging Subcontractors and Vendors

### **Service Availability**

Statewide. However, as service priorities and available resources vary across the state, individuals should contact their local AAA for information regarding services in their area.

### **Contact for Policy Information**

Area Agencies on Aging  
Department of Aging and Disability Services  
Mail Code W-352  
701 West 51<sup>st</sup> Street  
Austin, TX 78751  
Phone Number (512) 438-4893  
Fax Number (512) 438-4374

### **Contact for Subcontracting/ Vendor Information**

Subcontracts and vendor agreements are established and managed by AAAs. Interested parties should contact their local AAA for request for proposal/open enrollment information. To find the proper Area Agency of Aging, access the following website: <http://www.dads.state.tx.us/services/contact.cfm>

### **How to Apply for Services**

Contact your AAA locally, or by dialing 1-800-252-9240 to be automatically connected to the AAA in your area.

## **Local Authorities General Revenue Service**

### **Service Description**

The local MR Authority (MRA) serves as the point of entry for publicly funded IDD programs whether publicly or privately operated. In addition, MRAs provide or contract to provide an array of services for persons in the IDD priority population with general revenue funds.

### **Funding Sources**

State of Texas' general revenue account

### **Covered Services**

Services include:

- Eligibility determination
- Service coordination
- Community support
- Employment assistance
- Supported Employment
- Nursing
- Behavioral support
- Specialized therapies
- Vocational training
- Day habilitation

### **Consumer Eligibility**

Consumers must be:

- Persons assessed through MRA and considered eligible for programs through DADS; and
- A member of DADS IDD priority population, which consists of individuals who meet one or more of the following descriptions:
  - Persons with a diagnosis of mental retardation, as defined by Texas Health and Safety Code Section 591.003;
  - Persons with pervasive developmental disorders, as defined in the current edition of the Diagnostic and Statistical Manual, including autism;
  - Persons with related conditions who are eligible for and enrolling in the ICF/MR, HCS, or TxHmL Programs;
  - Nursing facility residents who are eligible for specialized services for a diagnosis of mental retardation or a related condition pursuant to Section 1919(e)(7) of the Social Security Act; or

- Children who are eligible for Early Childhood Intervention services from the Department of Assistive and Rehabilitative Services (DARS).

**Provider Base**

MRA providers and MRA contracted providers

**Services Availability**

Statewide availability

**Contact for Provider or Policy Information**

Local Authorities  
Department of Aging and Disability Services  
Mail Code W-354  
P.O. Box 149030  
Austin, TX 78714-9030  
Phone Number: 512-438-4886  
Fax Number: 512-438-5220

## IDD Community Services (General Revenue)

**Eligibility Determination:** An assessment or endorsement conducted in accordance with Texas Health and Safety Code, §593.005 and 40 TAC Chapter 5, Subchapter D to determine if an individual has a diagnosis of mental retardation or is a member of the DADS IDD priority population.

**Service Coordination:** Assistance in accessing medical, social, educational, and other appropriate service and supports that will help an individual achieve a quality of life and community participation acceptable to the individual. Services are described in a Plan of Services and Supports that is based on a person-directed planning process. Service coordination includes reviewing, revising, implementing, and monitoring the written plan of services and supports.

**Community Support:** Provides services and supports through individualized activities consistent with and individual's plan of services and supports, in the individual's home and at locations such as libraries, stores or other community locations. Provides habilitation or support activities that provide, foster improvement of, or facilitate an individual's ability to perform functional living skills and other activities of daily living.

**Employment Assistance:** The individual is supported in locating paid employment in the community by assistance to identify his or her employment preferences, job skills, requirements for work setting and work conditions, and prospective employers offering employment compatible with the individual's identified preferences, skills and requirements.

**Supported Employment:** Employment in an integrated setting with on-going individualized support services consistent with achieving outcomes identified in the individual's plan of services and supports. This service includes individualized services and supports including supervision and training essential to sustain paid work by the individual.

**Day Habilitation :** Assistance with acquiring, retaining , or improving self help, socialization, adaptive skills necessary to live successfully in the community and participate in home and community life. It includes individualized activities consistent with achieving the outcomes identified in the individual's plan of services and supports and activities designed to reinforce therapeutic outcomes. This service is normally furnished in a group setting, not at the individual's residence, for up to six hours a day, five days per week on a regularly scheduled basis. The service includes personal assistance for individuals who cannot manage their personal care needs during the day habilitation activity, assistance with medications, and the performance of tasks delegated by a RN in accordance with state law.

**Vocational Training:** Day training services, which are consistent with achieving the outcomes identified in the individual's plan of services and supports, that are provided to an individual in an industrial enclave, a work crew, a sheltered workshop, or an affirmative industry to enable the individual to obtain employment.

**Nursing:** Treatment and monitoring of health care procedures prescribed by a physician/medical practitioner and/or required by standards of professional practice or state law to be performed by licensed nursing personnel.

**Behavioral Support:** Provides specialized interventions that assist an individual to increase adaptive behaviors to replace or modify maladaptive behavior that prevent or interfere with the individual's inclusion in home and family life or community life. This service includes assessment and analysis of assessment findings so that an appropriate behavior support plan may be designed; development of an individualized behavior support plan consistent with the outcomes identified in the individual's plan of services and supports; training of, and consultation with, family members or other support providers and, as appropriate, with the individual; monitoring and evaluation of the success of the behavioral support plan and modification of the behavior support plan.

**Specialized Therapies:** Provides assessment and treatment by licensed or certified professionals including social work, occupational therapists, physical therapists, speech, and language pathologists, audiologists, and dieticians and included training and behavioral health services other than those provided by the local mental health authority. The service includes consultation with an individual's family members or other support providers.



## **Home and Community-based Services (HCS)**

### **Service Description**

The HCS Program provides individualized services and supports to individuals with diagnoses of mental retardation or a related condition who live in their family home, their own homes, or other community settings such as small group homes where no more than four persons live.

### **Funding Sources**

Title XIX Medicaid 1915(c) Home and Community-Based Services Waiver and State Funds

### **Covered Services**

Services include:

- Adaptive aids
- Minor home modifications
- Specialized therapies (includes audiology, speech/language pathology, occupational therapy, physical therapy, dietary services, social work and behavioral support)
- Dental treatment
- Nursing
- Supported home living
- Residential assistance
  - Foster/companion care
  - Supervised living
  - Residential support
- Respite
- Day habilitation
- Supported employment

The local MR Authority provides service coordination to all individuals enrolled in HCS.

## **Consumer Eligibility**

- **Age:** No limit
- **Income and Resources:** An applicant is financially eligible if he or she:
  - is eligible for supplemental security income (SSI);
  - is eligible for Medical Assistance Only (MAO) protected status; or
  - have a monthly income that is within 300% of the SSI monthly income limit and meets the resource requirements for Medicaid benefits in an ICF/MR. (\$2,022/month with resources of \$2,000 for an individual. Spousal impoverishment provisions apply.);
  - is a disabled child who would be eligible for Medicaid if institutionalized and if parental income is not deemed to the child;
  - is under 20 years of age, financially the responsibility of TDFPS in whole or in part and is being cared for in a foster home or group home licensed or certified and supervised by TDFPS in which a foster parent is the primary caregiver residing in the home; or
  - is a member of a family who receives full Medicaid benefits as a result of qualifying for Temporary Aid to Needy Families.

## **Additional Criteria**

Individuals must also:

- qualify for an ICF/MR Level of Care (LOC) I;
- have a determination of MR made in accordance with state law or have been diagnosed by a physician as having a related condition;
- have an Individual Plan of Care (IPC) that does not exceed 200% of the reimbursement rate that would have been paid for that same individual to receive services in an ICF/MR, or 200% of the estimated annualized per capita cost for ICF/MR services as of August 31, 2010, whichever is greater;
- have made a choice of the HCS Program over the ICF/MR Program; and
- not be enrolled in another 1915(c) waiver program.

## **Provider Base**

Public and private entities. Individuals electing to direct their own employees may choose a Consumer Directed Services Agency (CDSA) to assist with payroll for respite or supported home living.

## **Service Availability**

Statewide

**Contact for Provider Policy and Consumer Eligibility**

Community Services Policy – Center for Policy and Innovation  
Department of Aging and Disability Services  
P. O. Box 149030  
Mail Code W-521  
Austin, TX 78714-9030  
Phone Number 512-438-2232  
Fax Number 512-438-3555

**Local Contact**

To seek enrollment, contact the local MR Authority (MRA) regarding consumer referrals and interest list registration. To find the proper local MR authority access the following website: <http://www.dads.state.tx.us/services/contact.cfm>

## Texas Home Living Program (TxHmL)

### **Service Description**

The TxHmL Program provides selected essential services and supports to people with a diagnosis of mental retardation or a related condition who live in their family homes or their own homes.

### **Funding Sources**

Title XIX Medicaid 1915(c) Home and Community-Based Services Waiver and State Funds

### **Covered Services**

The cost of **covered services** may not exceed \$17,000 per year.

Services include:

- Adaptive aids
- Minor home modifications
- Specialized therapies (includes audiology, speech/language pathology, occupational therapy, physical therapy, and dietary services)
- Behavioral support
- Dental treatment
- Nursing
- Community Support
- Respite
- Day habilitation
- Employment assistance
- Supported employment
- 

The local MR Authority provides service coordination to all individuals enrolled in TxHmL.

### **Consumer Eligibility**

- **Age:** No limit
- **Income and Resources:** The applicant must be Medicaid eligible prior to enrollment in the program. An applicant is financially eligible if he or she is:
  - eligible for supplemental security income (SSI);
  - eligible for Medical Assistance Only (MAO) protected status;
  - under 20 years of age, financially the responsibility of TDFPS in whole or in part and is being cared for in a foster home or group home licensed or certified and supervised by TDFPS in which a foster parent is the primary caregiver residing in the home;
  - currently receiving Medicaid for Youth Transitioning Out of Foster Care; or

- a member of a family that receives full Medicaid benefits as a result of qualifying for Temporary Aid to Needy Families.

### **Additional Criteria**

In addition, applicants must:

- qualify for an ICF/MR Level of Care I;
- have a determination of mental retardation made in accordance with state law or have been diagnosed by a physician as having a related condition;
- have an Individual Plan of Care for waiver services which does not exceed \$17,000;
- not be assigned a Pervasive Plus level of need (LON 9);
- live in his or her own or family home;
- have made a choice of the TxHmL Program over the ICF/MR Program; and
- not be enrolled in another 1915(c) waiver program.

### **Provider Base**

Public and private entities. Individuals electing to direct their own employees may choose a Consumer Directed Services Agency (CDSA) to assist with payroll responsibilities for any TxHmL service.

### **Service Availability**

Statewide

### **Contact for Provider Policy Information**

Community Services Policy – Center for Policy and Innovation  
Department of Aging and Disability Services  
Mail Code W-521  
P. O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-2232  
Fax Number 512-438-3555

### **Local Contact**

To seek enrollment, contact the local MR Authority regarding consumer referrals and interest list registration. To find the proper local MR authority, access the following website:

<http://www.dads.state.tx.us/services/contact.cfm>

## **Intermediate Care Facilities for Persons with MR or Related Conditions (ICF/MR/RC Program)**

### **Service Description**

The Intermediate Care Facility for Persons with MR or a Related Condition (ICF/MR/RC) Program provides residential and habilitation services to people with a diagnosis of mental retardation and/or a related condition.

### **Funding Sources**

Title XIX Medicaid and State Funds

### **Covered Services**

Services include:

- Residential Services
- Habilitation services
- Medical services
- Skills training
- Adjunctive Therapy services

### **Consumer Eligibility**

A person must:

- meet income and resource limit requirements of SSI or the Medical Assistance Only (MAO) program;
- have determination through Social Security Administration that a disability exists;
- have a Determination of Mental Retardation (DMR) made in accordance with state law or have been diagnosed by a physician as having a related condition;
- meet the criteria for a LOC I or LOC VIII; and
- be in need of and able to benefit from the active treatment provided in the 24 hour supervised residential setting of an ICF/MR.

### **Provider Base**

Public and private providers (State Supported Living Centers are ICF/MR providers and are described on a separate profile).

### **Service Availability**

Statewide

## **Monitoring**

The ICF/MR/RC program requires at least an annual health and Life Safety Code re-certification survey and licensure inspection conducted by the Department of Aging and Disability Services, Regulatory Services Division.

## **Contact**

Policy Development And Oversight – Center for Policy and Innovation  
Department of Aging and Disability Services  
P. O. Box 149030  
Mail Code W-579  
Austin, TX 78714-9030  
[icfmr.questions@dads.state.tx.us](mailto:icfmr.questions@dads.state.tx.us)

## **Local Contact**

To seek enrollment, contact the local MR Authority regarding consumer referrals. To find the proper local MR authority, access the following website:  
<http://www.dads.state.tx.us/services/contact.cfm>

## **State Supported Living Centers**

### **Service Description**

There are 13 state supported living centers that provide 24-hour/day residential, treatment and training services for persons with a diagnosis of mental retardation. Each facility is certified as an Intermediate Care Facility for Persons with a diagnosis of MR (ICF-MR), a Medicaid-funded federal/state service program.

### **Funding Source**

Federal and State Funds

### **Services**

Services include:

- 24-hour Residential Care and Support
- Comprehensive Behavioral Treatment Services
- Comprehensive Health Care Services
  - Physician Services
  - Nursing Services
  - Dental Services
- Occupational, Physical, Speech Therapies
- Skills Training
- Vocational Programs
  - Campus-based and Community-based Sheltered Workshops
  - Community-based Supported Employment
  - Independent Employment Services
- Services to maintain connections between residents and families/natural support systems

### **Individuals Served**

Residential services in a state supported living center are intended to serve individuals with severe or profound MR and those individuals with MR who are medically fragile or have behavioral problems.

### **How to Apply for Services**

Contact your local MR Authority. The web site to locate the local MR Authority for a city, county, or zip code is: <http://www.dads.state.tx.us/services/contact.cfm>



## **Guardianship**

### **Service Description**

Guardianship is a legal method to protect individuals' well being when they cannot protect themselves. A guardian is a court-appointed person or entity who makes decisions on behalf of an incapacitated person. Chapter 13 of the Probate Code defines the purpose, laws, and responsibilities of a Guardian. Depending upon the powers granted by the Court, guardianship responsibilities include but are not limited to:

- managing estates;
- making medical decision; and
- arranging for placement.

The purpose of the program under Human Resources Code § 161.101 is to provide guardianship services to individuals found by a court to be incapacitated. In order for DADS to provide guardianship services, least restrictive alternatives must not be available, an appropriate and qualified alternate guardian must not be available and willing to serve, a ward must have resources available to fund services, including long-term care [Human Resources Code §§ 161.101, 161.107(e); 40 Texas Administrative Code § 10.201(e)], and there must be an expectation guardianship will meet the individuals needs.

The agency may seek guardianship of:

- Incapacitated children reaching adulthood in Child Protective Services (CPS) conservatorship as defined in the Human Resources Code Chapter 48.209(a)(1); or
- Incapacitated adults in Adult Protective Services (APS) investigations when abuse, neglect, or exploitation is confirmed and there is no other means of protecting the person as defined in the Human Resources Code Chapter 48.209(a)(2); or
- Incapacitated individuals referred directly to the program by a court with probate authority under certain criteria established in statute or rule.

### **Funding Sources**

General Revenue and Title XX Block Grant

## **Covered Services**

Guardianship services include managing the ward's:

- Living arrangement;
- Citizenship issues;
- Estates;
- Medical treatment, including extraordinary medical procedures; and
- Funeral arrangement and disposal of property.

## **Referral Requirements**

### **Aging out Children (CPS):**

Human Resources Code § 161.101(a) and § 48.209(a)(1) allow the application for guardianship of the person and/or estate of a child aging out of Child Protective Services (CPS) conservatorship:

- Who meets the definition of incapacity in Probate Code Chapter 601, unless a less restrictive alternative is available, and
- For whom no alternate guardian can be found.

### **Elderly Persons and Adults with Disabilities (APS):**

Human Resources Code §§ 161.101(b), 161.101(c), and § 48.209(a)(2) allow the agency to apply for guardianship of an aged person or an adult with a disability who:

- Is found by the department to be in a state of abuse, neglect, or exploitation,
- Meets the definition of incapacity in Probate Code Chapter 601, and
- For whom no alternate guardian can be found.

Wards, including aging out children, must have resources to fund services, including long-term care. Human Resources Code 161.107(e); 40 Texas Administrative Code § 10.201(e).

## **Provision of Services**

Statewide

## **Contact for Policy Information**

Guardianship  
Department of Aging and Disability Services  
Mail Code W-353  
P.O. Box 149030  
Austin, TX 78714-9030  
Phone Number 512-438-3739  
Fax Number 512-438-5344

## Promoting Independence

In January 2000, Texas embarked on a Promoting Independence Initiative in response to the U.S. Supreme Court ruling in *Olmstead v. L.C.* The Court ruled in June 1999 that states must provide community-based services for persons with disabilities who would otherwise be entitled to institutional services, when:

- the state's treatment professionals determine that such placement is appropriate;
- the affected persons do not oppose such treatment; and
- the placement can be reasonably accommodated, taking into account the resources available to the state and the needs of others who are receiving state supported disability services.

Texas' Promoting Independence initiative supports allowing an individual with a disability to live in the most appropriate care setting available. The statewide initiative began in 1999 when then Gov. George W. Bush affirmed the value of community-based alternatives for persons with disabilities in Executive Order GWB-13.

Governor Rick Perry signed Executive Order RP 13 on April 18, 2002, also relating to community-based alternatives for people with disabilities. In response to Governor Bush's Order and the Supreme Court's decision in *Olmstead v. L.C.*, the Texas Health and Human Services Commission developed the Texas Promoting Independence Plan.

### **Individuals Residing in Nursing Facilities**

If an individual is a Medicaid consumer in a Texas nursing facility, he or she can request services in his or her own community under the "Money Follows the Person" Program without being placed on a waiver interest list.

To access Money Follows the Person, the individual must be a resident of a Medicaid nursing facility, be Medicaid eligible for community services and approved for Waiver services. **These procedures must be followed in order for an individual to qualify for services under Money Follows the Person provisions.** If not, the name of an individual can be placed on an interest list to receive community services.

Statewide Relocation Assistance is available to nursing facility residents. DADS contracted with five Independent Living Centers (ILCs) and one Area Agency on Aging (AAA) to cover each of the Health and Human Services delivery areas. The Relocation Services contractors are:

- Austin Resource Center for Independent Living (ARCIL) (Regions 4, 5 and 7)
- The Center on Independent Living, Inc (COIL) (Region 8)
- Coastal Bend Center for Independent Living (Region 11)
- Lifetime Independence for Everyone, Inc. (LIFERUN) (Regions 1, 2, 9, and 10)
- Houston Center for Independent Living (HCIL) (Region 6)
- North Central Texas Council on Governments AAA (NCTCOG) (Region 3)

Assistance is available to nursing facility residents from the local Area Agencies on Aging (AAAs). AAAs provide information about community options such as housing, health care, transportation, daily living and social activities that can help individuals and their families make decisions from the planning phase to actual relocation in the community.

### **Individuals Residing in State Supported Living Centers and ICFs/MR**

As resources allow, Medicaid Home and Community-based waiver program services (HCS) are offered to individuals identified for an alternative living arrangement and:

- who reside in a state supported living center or in a large (14 beds or more) community ICF/MR; and
- whose names are on the state's HCS interest list.

The state's goals in response to the Texas Promoting Independence Plan include:

- providing opportunities for individuals residing in state supported living centers to move to a community alternative within 180 days of any individual's request and recommendation for movement to an alternative living arrangement; and
- providing opportunities for persons living in community ICFs/MR that serve 14 or more individuals to move to a community alternative within 12 months of the date they are determined to be ready for an alternative living arrangement.

### **Money Follows the Person Demonstration (Demonstration)**

The Demonstration is a multi-year federal demonstration award to Texas to assist in its efforts to provide additional community-based options, and promote an individual's choice in where they want to receive their long-term services and supports. The Demonstration is worth more than \$50 million in enhanced federal funding through calendar year 2016.

### **Money Follows the Person Demonstration Behavioral Health Pilot (Pilot)**

The Pilot is part of a larger Demonstration grant from CMS, which is administered by DADS. The Pilot is administered by DSHS. State facility patients will receive Pilot services through state general revenue. The MFP Behavioral Health annual grant budget is approximately \$1.2 million.

### **Transition Assistance Services (TAS)**

TAS is a waiver service to provide funds to purchase certain items necessary to set up a household. TAS' are only available to nursing facility residents who are discharged from the facility into a waiver program and into certain types of living arrangements. One-time funding of up to \$2500 can be used for items such as rental security deposits, establish utility services for the home, purchase of essential furnishings for the apartment or home, including table, chairs, window blinds, eating utensils, and food preparation items, payment of moving expenses required to move into or occupy the home or apartment and payment for services to ensure the health and safety of the client in the apartment or home, such as pest eradication, allergen control, or a one-time cleaning before occupancy.

### **Transition to Life in the Community (TLC) Grants**

Transition to Life in the Community grants provide a one-time assistance of up to \$2,500 to help nursing facility residents move to community settings. These funds can be used for moving expenses, to purchase needed household items and to cover other expenses related to re-establishing a home in the community. These grants are available for any Medicaid eligible nursing facility resident who wishes to move to the community. TAS funds must be used before TLC funds.

### **Housing Voucher Program**

The Housing Voucher Program (HVP) provides housing opportunities to nursing facility residents interested in Section 8 housing. The Health and Human Services Commission, Texas Department of Housing and Community Affairs (TDHCA), and the Department of Aging and Disability Services are working in partnership to distribute 35 housing vouchers awarded to TDHCA.

DADS identifies nursing facility residents interested in Section 8 housing and forwards the referral to TDHCA. The eligibility determination is processed by TDHCA. Some local housing authorities are assuming the cost under their program and returning the voucher making it possible for TDHCA to reissue the same voucher to more than one individual.

Nursing facility residents interested in Section 8 housing are eligible for referral to TDHCA. TDHCA determines eligibility for the housing voucher based on income and resources. The individual does not have to receive community care services to participate in the program.

## **Community Transition Teams**

Community Transition Teams (CTTs) are public-private regional community resource coordinating groups who work with individual and systematic barriers to community relocation. There is one Team in each of the DADS regions, which is comprised of representatives from DADS, consumers, local area agencies on aging, Adult Protective Services, managed care organizations, advocacy groups, housing organizations, long-term services and support providers, nursing facility directors of nursing, nursing facility social workers, Ombudsman, Mental Retardation Authorities, Mental Health Authorities, and other community-based organizations. The Team meets monthly to address specific barriers that prevent a nursing facility resident from relocating into the community, to ensure continued success and promote effective transitions from nursing facilities back to the community.

## Community Services Interest List Unit Numbers for Community Programs

Interest lists for community-based programs are managed either locally or statewide, depending on the program. The programs and their contact numbers are:

Programs	Contact Numbers
Community Based Alternatives (CBA)	Call your local DADS Office
Community Living Assistance and Support Services (CLASS)	1-877-438-5658
Deaf/Blind with Multiple Disabilities (DBMD)	1-877-438-5658
Home and Community-based Services (HCS)	call your local MR authority
Medically Dependent Children's Program (MDCP)	1-877-438-5658

Allocations are based on available funding. Consumers who have been on the interest lists the longest are enrolled first. Depending upon the program enrollment is conducted by the following:

- DADS regional staff
- Local Authorities
- CLASS providers
- DBMD providers

## How to Contact a Local DADS Office

- Use this link on the web to find contact information for local DADS offices:

<http://www.dads.state.tx.us/services/contact.cfm>

- Enter the **City, County, or ZIP code** of the person interested in services and click **SEARCH**.
- Choose the appropriate DADS local intake office.

## How to Contact a Local Authority

- Use this link on the web to find contact information:

<http://www.dads.state.tx.us/services/contact.cfm>

- Enter the **City, County, or ZIP code** of the person interested in services and click **SEARCH**.
- Scroll down to see the results for the area entered.
- Call the number listed. Tell the person who answers that you wish to schedule an intake for services.



## DADS Acronyms

Helpful numbers can be located on the DADS web site at:

<http://www.dads.state.tx.us/services/contact.cfm>

<b>Abbreviations</b>	
AAA	Area Agencies on Aging
APS	Adult Protective Services
CAS	Community Attendant Services
CBA	Community Based Alternatives
CLASS	Community Living Assistance and Support Services
CMS	Claims Management System
CSPO	Community Services Program and Operations
CWP	Consolidated Waiver Program
CMPAS	Client Managed Personal Attendant Services
DADS	Department of Aging and Disability Services
DAHS	Day Activity Health Services
DARS	Department of Assistive and Rehabilitative Services
DBMD	Deaf Blind with Multiple Disabilities
DFPS	Department of Families and Protective Services
DSHS	Department of State Health Services
ERS	Emergency Response System
FC	Family Care
HCS	Home and Community Based Services Waiver Program
HCSSA	Home and Community Support Services Agency
HDM	Home Delivered Meals Services
HHSC	Health and Human Services Commission
HICAP	Health Information Counseling and Advocacy Program
IDD	Intellectual and Developmental Disability
ICF/MR	Intermediate Care Facility/MR
IHFSP	In- Home Family Support Program
LTC	Long Term Care
LTC-R	Long Term Care Regulatory
MDCP	Medically Dependent Children Program
PACE	Program of All-Inclusive Care for the Elderly
PASRR	Pre-Admission Screening and Resident Review
PCS	Provider Claims Services
PHC	Primary Home Care
TDI	Texas Department of Insurance
RC	Residential Care
RUG	Resource Utilization Group
SSPD	Special Services to Persons with Disabilities
SSPD-SAC	Special Services to Persons with Disabilities
TxHmL	Texas Home Living Waiver Program